

Japan Population Trends by Region and Prefecture 1970-2010

	1970	2000	2005	2010	Change	Change from 2005	Share of Growth from 1970	Change from 1970
JAPAN	104,663	126,926	127,768	128,056	288	0.2%	100.0%	22.4%
REGION:Prefecture								
HOKKAIDO	5,184	5,683	5,628	5,507	-120	-2.1%	1.4%	6.2%
Hokkaido	5,184	5,683	5,628	5,507	-120	-2.1%	1.4%	6.2%
TOHOKU	9,031	9,818	9,635	9,335	-300	-3.1%	1.3%	3.4%
Aomori	1,428	1,476	1,437	1,373	-63	-4.4%	-0.2%	-3.8%
Iwate	1,371	1,416	1,385	1,331	-55	-3.9%	-0.2%	-3.0%
Miyagi	1,819	2,365	2,360	2,348	-12	-0.5%	2.3%	29.1%
Akita	1,241	1,189	1,146	1,086	-60	-5.2%	-0.7%	-12.5%
Yamagata	1,226	1,244	1,216	1,169	-47	-3.9%	-0.2%	-4.7%
Fukushima	1,946	2,127	2,091	2,029	-63	-3.0%	0.4%	4.3%
KANTO	29,496	40,434	41,495	42,607	1,113	2.7%	56.0%	44.5%
Ibaraki	2,144	2,986	2,975	2,969	-6	-0.2%	3.5%	38.5%
Tochigi	1,580	2,005	2,017	2,007	-10	-0.5%	1.8%	27.0%
Gumma	1,659	2,025	2,024	2,008	-16	-0.8%	1.5%	21.0%
Saitama	3,866	6,938	7,054	7,195	141	2.0%	14.2%	86.1%
Chiba	3,367	5,926	6,056	6,217	161	2.7%	12.2%	84.6%
Tokyo	11,408	12,064	12,577	13,162	585	4.7%	7.5%	15.4%
Kanagawa	5,472	8,490	8,792	9,050	258	2.9%	15.3%	65.4%
CHUBU	18,091	21,628	21,774	21,715	-59	-0.3%	15.5%	20.0%
Niigata	2,361	2,476	2,431	2,375	-57	-2.3%	0.1%	0.6%
Toyama	1,030	1,121	1,112	1,093	-18	-1.7%	0.3%	6.2%
Ishikawa	1,002	1,181	1,174	1,170	-4	-0.3%	0.7%	16.8%
Fukui	744	829	822	806	-15	-1.8%	0.3%	8.4%
Yamanashi	762	888	885	863	-22	-2.5%	0.4%	13.2%
Nagano	1,957	2,215	2,196	2,153	-43	-2.0%	0.8%	10.0%
Gifu	1,759	2,108	2,107	2,081	-26	-1.2%	1.4%	18.3%
Shizuoka	3,090	3,767	3,792	3,765	-27	-0.7%	2.9%	21.8%
Aichi	5,386	7,043	7,255	7,408	154	2.1%	8.6%	37.6%
KANSAI	18,944	22,713	22,760	22,755	-5	0.0%	16.3%	20.1%
Mie	1,543	1,857	1,867	1,855	-12	-0.7%	1.3%	20.2%
Shiga	890	1,343	1,380	1,410	30	2.2%	2.2%	58.5%
Kyoto	2,250	2,644	2,648	2,637	-11	-0.4%	1.7%	17.2%
Osaka	7,620	8,805	8,817	8,863	46	0.5%	5.3%	16.3%
Hyogo	4,668	5,551	5,591	5,589	-1	0.0%	3.9%	19.7%
Nara	930	1,443	1,421	1,400	-21	-1.5%	2.0%	50.5%
Wakayama	1,043	1,070	1,036	1,001	-35	-3.4%	-0.2%	-4.0%

CHUGOKU	6,997	7,732	7,676	7,562	-114	-1.5%	2.4%	8.1%
Tottori	569	613	607	588	-19	-3.1%	0.1%	3.4%
Shimane	774	762	742	716	-26	-3.5%	-0.2%	-7.4%
Okayama	1,707	1,951	1,957	1,945	-12	-0.6%	1.0%	13.9%
Hiroshima	2,436	2,879	2,877	2,861	-16	-0.6%	1.8%	17.4%
Yamaguchi	1,511	1,528	1,493	1,451	-41	-2.8%	-0.3%	-3.9%
SHIKOKU	3,904	4,154	4,086	3,977	-109	-2.7%	0.3%	1.9%
Tokushima	791	824	810	786	-24	-3.0%	0.0%	-0.6%
Kagawa	908	1,023	1,012	996	-17	-1.6%	0.4%	9.7%
Ehime	1,418	1,493	1,468	1,431	-37	-2.5%	0.1%	0.9%
Kochi	787	814	796	765	-32	-4.0%	-0.1%	-2.8%
KYUSHU	12,071	13,446	13,353	13,204	-148	-1.1%	4.8%	9.4%
Fukuoka	4,027	5,016	5,050	5,073	23	0.5%	4.5%	26.0%
Saga	838	877	866	850	-17	-1.9%	0.1%	1.4%
Nagasaki	1,570	1,517	1,479	1,427	-52	-3.5%	-0.6%	-9.1%
Kumamoto	1,700	1,859	1,842	1,817	-25	-1.3%	0.5%	6.9%
Oita	1,156	1,221	1,210	1,196	-13	-1.1%	0.2%	3.5%
Miyazaki	1,051	1,170	1,153	1,135	-18	-1.6%	0.4%	8.0%
Kagoshima	1,729	1,786	1,753	1,706	-47	-2.7%	-0.1%	-1.3%
OKINAWA	945	1,318	1,362	1,393	31	2.3%	1.9%	47.4%
Okinawa	945	1,318	1,362	1,393	31	2.3%	1.9%	47.4%

In thousands

Data from Japan Statistics Bureau

Analysis at

<http://www.newgeography.com/content/002227-japan%E2%80%99s-2010-census-moving-tokyo>

<http://www.demographia.com/>