

DEMOGRAPHIA

Demographia US Metropolitan Area Population & Migration: 2000-2009



March 2010

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All data from United States Bureau of the Census

Cover Illustrations



Table 1
 US Metropolitan Areas
 Population Change by Size: 2000-2009

Size of Metropolitan Area: 2000	2000	2008	2009	2000-2009 Change	% Change	2008-2009 Change	% Change
Over 10,000,000	30,751,693	31,736,896	31,944,593	1,192,900	3.9%	207,697	0.65%
5,000,000 - 10,000,000	25,033,001	27,258,969	27,543,485	2,510,484	10.0%	284,516	1.04%
2,500,000 - 5,000,000	47,513,446	53,209,026	53,887,451	6,374,005	13.4%	678,425	1.28%
1,000,000 - 2,500,000	46,458,733	51,147,886	51,698,177	5,239,444	11.3%	550,291	1.08%
Smaller Metropolitan Areas	84,033,755	91,459,751	92,281,484	8,247,729	9.8%	821,733	0.90%
500,000 - 1,000,000	27,563,480	30,062,838	30,362,657	2,799,177	10.2%	299,819	1.00%
250,000 - 500,000	28,626,932	31,343,325	31,608,111	2,981,179	10.4%	264,786	0.84%
50,000 - 250,000	27,843,343	30,053,588	30,310,716	2,467,373	8.9%	257,128	0.86%
Non-Metropolitan	48,381,329	49,562,318	49,651,360	1,270,031	2.6%	89,042	0.18%
United States Population	282,171,957	304,374,846	307,006,550	24,834,593	8.8%	2,631,704	0.86%

Table 2
 US Metropolitan Areas
 Population: 2000-2009

Rank	Metropolitan Area	2000	2008	2009	2000-2009		2008-2009	
					Change	% Change	Change	% Change
1	New York-Northern New Jersey-Long Island, NY-NJ-PA	18,352,743	18,968,501	19,069,796	717,053	3.9%	101,295	0.53%
2	Los Angeles-Long Beach-Santa Ana, CA	12,398,950	12,768,395	12,874,797	475,847	3.8%	106,402	0.83%
3	Chicago-Naperville-Joliet, IL-IN-WI	9,117,732	9,515,636	9,580,567	462,835	5.1%	64,931	0.68%
4	Dallas-Fort Worth-Arlington, TX	5,196,188	6,301,085	6,447,615	1,251,427	24.1%	146,530	2.33%
5	Philadelphia-Camden-Wilmington, PA-NJ-DE-MD	5,693,275	5,940,496	5,968,252	274,977	4.8%	27,756	0.47%
6	Houston-Sugar Land-Baytown, TX	4,739,414	5,726,705	5,867,489	1,128,075	23.8%	140,784	2.46%
7	Miami-Fort Lauderdale-Pompano Beach, FL	5,025,806	5,501,752	5,547,051	521,245	10.4%	45,299	0.82%
8	Washington-Arlington-Alexandria, DC-VA-MD-WV	4,821,031	5,377,936	5,476,241	655,210	13.6%	98,305	1.83%
9	Atlanta-Sandy Springs-Marietta, GA	4,281,905	5,385,586	5,475,213	1,193,308	27.9%	89,627	1.66%
10	Boston-Cambridge-Quincy, MA-NH	4,402,611	4,544,705	4,588,680	186,069	4.2%	43,975	0.97%
11	Detroit-Warren-Livonia, MI	4,457,471	4,423,781	4,403,437	(54,034)	-1.2%	(20,344)	-0.46%
12	Phoenix-Mesa-Scottsdale, AZ	3,278,661	4,287,323	4,364,094	1,085,433	33.1%	76,771	1.79%
13	San Francisco-Oakland-Fremont, CA	4,136,658	4,260,236	4,317,853	181,195	4.4%	57,617	1.35%
14	Riverside-San Bernardino-Ontario, CA	3,277,578	4,092,831	4,143,113	865,535	26.4%	50,282	1.23%
15	Seattle-Tacoma-Bellevue, WA	3,052,379	3,356,637	3,407,848	355,469	11.6%	51,211	1.53%
16	Minneapolis-St. Paul-Bloomington, MN-WI	2,981,616	3,237,612	3,269,814	288,198	9.7%	32,202	0.99%
17	San Diego-Carlsbad-San Marcos, CA	2,824,987	3,019,274	3,053,793	228,806	8.1%	34,519	1.14%
18	St. Louis, MO-IL	2,701,634	2,818,688	2,828,990	127,356	4.7%	10,302	0.37%
19	Tampa-St. Petersburg-Clearwater, FL	2,404,273	2,730,007	2,747,272	342,999	14.3%	17,265	0.63%
20	Baltimore-Towson, MD	2,557,501	2,677,712	2,690,886	133,385	5.2%	13,174	0.49%
21	Denver-Aurora-Broomfield, CO /1	2,194,022	2,500,384	2,552,195	358,173	16.3%	51,811	2.07%
22	Pittsburgh, PA	2,429,023	2,355,391	2,354,957	(74,066)	-3.0%	(434)	-0.02%
23	Portland-Vancouver-Beaverton, OR-WA	1,936,108	2,203,745	2,241,841	305,733	15.8%	38,096	1.73%
24	Cincinnati-Middletown, OH-KY-IN	2,014,665	2,158,643	2,171,896	157,231	7.8%	13,253	0.61%
25	Sacramento--Arden-Arcade--Roseville, CA	1,808,442	2,101,138	2,127,355	318,913	17.6%	26,217	1.25%
26	Cleveland-Elyria-Mentor, OH	2,147,948	2,094,051	2,091,286	(56,662)	-2.6%	(2,765)	-0.13%
27	Orlando-Kissimmee, FL	1,656,835	2,060,968	2,082,421	425,586	25.7%	21,453	1.04%
28	San Antonio, TX	1,719,262	2,030,691	2,072,128	352,866	20.5%	41,437	2.04%
29	Kansas City, MO-KS	1,842,924	2,046,083	2,067,585	224,661	12.2%	21,502	1.05%
30	Las Vegas-Paradise, NV	1,393,370	1,879,093	1,902,834	509,464	36.6%	23,741	1.26%
31	San Jose-Sunnyvale-Santa Clara, CA	1,739,669	1,810,646	1,839,700	100,031	5.8%	29,054	1.60%
32	Columbus, OH	1,619,514	1,779,822	1,801,848	182,334	11.3%	22,026	1.24%
33	Charlotte-Gastonia-Concord, NC-SC	1,340,417	1,706,469	1,745,524	405,107	30.2%	39,055	2.29%
34	Indianapolis-Carmel, IN	1,531,156	1,720,796	1,743,658	212,502	13.9%	22,862	1.33%
35	Austin-Round Rock, TX	1,265,715	1,654,100	1,705,075	439,360	34.7%	50,975	3.08%
36	Virginia Beach-Norfolk-Newport News, VA-NC	1,580,387	1,670,225	1,674,498	94,111	6.0%	4,273	0.26%
37	Providence-New Bedford-Fall River, RI-MA	1,586,744	1,599,312	1,600,642	13,898	0.9%	1,330	0.08%
38	Nashville-Davidson--Murfreesboro--Franklin, TN	1,317,580	1,556,368	1,582,264	264,684	20.1%	25,896	1.66%
39	Milwaukee-Waukesha-West Allis, WI	1,502,305	1,550,451	1,559,667	57,362	3.8%	9,216	0.59%
40	Jacksonville, FL	1,126,224	1,316,528	1,328,144	201,920	17.9%	11,616	0.88%
41	Memphis, TN-MS-AR	1,208,269	1,298,529	1,304,926	96,657	8.0%	6,397	0.49%
42	Louisville/Jefferson County, KY-IN	1,165,132	1,249,739	1,258,577	93,445	8.0%	8,838	0.71%
43	Richmond, VA	1,100,196	1,227,115	1,238,187	137,991	12.5%	11,072	0.90%
44	Oklahoma City, OK	1,097,874	1,207,519	1,227,278	129,404	11.8%	19,759	1.64%
45	Hartford-West Hartford-East Hartford, CT	1,150,915	1,191,170	1,195,998	45,083	3.9%	4,828	0.41%
46	New Orleans-Metairie-Kenner, LA	1,315,616	1,168,547	1,189,981	(125,635)	-9.5%	21,434	1.83%
47	Birmingham-Hoover, AL	1,053,394	1,123,146	1,131,070	77,676	7.4%	7,924	0.71%
48	Salt Lake City, UT	972,653	1,111,600	1,130,293	157,640	16.2%	18,693	1.68%
49	Raleigh-Cary, NC	804,436	1,090,408	1,125,827	321,391	40.0%	35,419	3.25%
50	Buffalo-Niagara Falls, NY	1,169,159	1,124,055	1,123,804	(45,355)	-3.9%	(251)	-0.02%
51	Rochester, NY	1,041,595	1,033,155	1,035,566	(6,029)	-0.6%	2,411	0.23%
52	Tucson, AZ	848,521	1,009,832	1,020,200	171,679	20.2%	10,368	1.03%
53	Tulsa, OK	861,369	916,037	929,015	67,646	7.9%	12,978	1.42%
54	Fresno, CA	801,444	903,133	915,267	113,823	14.2%	12,134	1.34%
55	Honolulu, HI	875,061	902,745	907,574	32,513	3.7%	4,829	0.53%
56	Bridgeport-Stamford-Norwalk, CT	884,420	894,401	901,208	16,788	1.9%	6,807	0.76%

57	Albuquerque, NM	731,712	846,582	857,903	126,191	17.2%	11,321	1.34%
58	Albany-Schenectady-Troy, NY	827,227	854,301	857,592	30,365	3.7%	3,291	0.39%
59	Omaha-Council Bluffs, NE-IA	769,117	839,265	849,517	80,400	10.5%	10,252	1.22%
60	New Haven-Milford, CT	824,992	845,573	848,006	23,014	2.8%	2,433	0.29%
61	Dayton, OH	848,093	837,036	835,063	(13,030)	-1.5%	(1,973)	-0.24%
62	Allentown-Bethlehem-Easton, PA-NJ	741,937	811,669	816,012	74,075	10.0%	4,343	0.54%
63	Bakersfield, CA	663,484	797,145	807,407	143,923	21.7%	10,262	1.29%
64	Worcester, MA	752,684	799,343	803,701	51,017	6.8%	4,358	0.55%
65	Oxnard-Thousand Oaks-Ventura, CA	756,366	794,778	802,983	46,617	6.2%	8,205	1.03%
66	Baton Rouge, LA	707,429	779,340	786,947	79,518	11.2%	7,607	0.98%
67	Grand Rapids-Wyoming, MI	743,092	776,505	778,009	34,917	4.7%	1,504	0.19%
68	El Paso, TX	680,942	738,416	751,296	70,354	10.3%	12,880	1.74%
69	Columbia, SC	649,181	732,558	744,730	95,549	14.7%	12,172	1.66%
70	McAllen-Edinburg-Mission, TX	573,398	721,275	741,152	167,754	29.3%	19,877	2.76%
71	Greensboro-High Point, NC	645,536	707,185	714,765	69,229	10.7%	7,580	1.07%
72	Akron, OH	695,971	699,954	699,935	3,964	0.6%	(19)	0.00%
73	Knoxville, TN	617,573	692,210	699,247	81,674	13.2%	7,037	1.02%
74	Springfield, MA	680,453	696,869	698,903	18,450	2.7%	2,034	0.29%
75	Bradenton-Sarasota-Venice, FL	592,703	685,926	688,126	95,423	16.1%	2,200	0.32%
76	Little Rock-North Little Rock-Conway, AR	612,149	675,921	685,488	73,339	12.0%	9,567	1.42%
77	Poughkeepsie-Newburgh-Middletown, NY	624,156	672,020	677,094	52,938	8.5%	5,074	0.76%
78	Stockton, CA	567,968	668,753	674,860	106,892	18.8%	6,107	0.91%
79	Toledo, OH	659,224	673,345	672,220	12,996	2.0%	(1,125)	-0.17%
80	Charleston-North Charleston-Summerville, SC	550,875	647,194	659,191	108,316	19.7%	11,997	1.85%
81	Syracuse, NY	649,817	645,016	646,084	(3,733)	-0.6%	1,068	0.17%
82	Greenville-Mauldin-Easley, SC	561,900	630,098	639,617	77,717	13.8%	9,519	1.51%
83	Colorado Springs, CO	540,111	616,975	626,227	86,116	15.9%	9,252	1.50%
84	Wichita, KS	572,045	603,205	612,683	40,638	7.1%	9,478	1.57%
85	Boise City-Nampa, ID	468,874	598,719	606,376	137,502	29.3%	7,657	1.28%
86	Cape Coral-Fort Myers, FL	443,916	588,709	586,908	142,992	32.2%	(1,801)	-0.31%
87	Lakeland-Winter Haven, FL	485,378	580,282	583,403	98,025	20.2%	3,121	0.54%
88	Madison, WI	504,044	562,065	570,025	65,981	13.1%	7,960	1.42%
89	Youngstown-Warren-Boardman, OH-PA	602,171	566,425	562,963	(39,208)	-6.5%	(3,462)	-0.61%
90	Des Moines-West Des Moines, IA	483,210	554,101	562,906	79,696	16.5%	8,805	1.59%
91	Provo-Orem, UT	379,919	539,754	555,551	175,632	46.2%	15,797	2.93%
92	Scranton--Wilkes-Barre, PA	559,537	549,321	549,454	(10,083)	-1.8%	133	0.02%
93	Ogden-Clearfield, UT	444,874	530,998	541,569	96,695	21.7%	10,571	1.99%
94	Jackson, MS	498,252	537,194	540,866	42,614	8.6%	3,672	0.68%
95	Augusta-Richmond County, GA-SC	500,235	534,612	539,154	38,919	7.8%	4,542	0.85%
96	Harrisburg-Carlisle, PA	509,454	533,802	536,919	27,465	5.4%	3,117	0.58%
97	Palm Bay-Melbourne-Titusville, FL	477,735	536,314	536,357	58,622	12.3%	43	0.01%
98	Chattanooga, TN-GA	477,213	520,089	524,303	47,090	9.9%	4,214	0.81%
99	Portland-South Portland-Biddeford, ME	489,359	516,026	516,826	27,467	5.6%	800	0.16%
100	Modesto, CA	449,702	507,450	510,385	60,683	13.5%	2,935	0.58%
101	Lancaster, PA	471,818	503,807	507,766	35,948	7.6%	3,959	0.79%
102	Durham-Chapel Hill, NC	426,151	490,907	501,228	75,077	17.6%	10,321	2.10%
103	Deltona-Daytona Beach-Ormond Beach, FL	445,060	497,344	495,890	50,830	11.4%	(1,454)	-0.29%
104	Winston-Salem, NC	423,413	480,063	484,921	61,508	14.5%	4,858	1.01%
105	Santa Rosa-Petaluma, CA	460,411	466,424	472,102	11,691	2.5%	5,678	1.22%
106	Lexington-Fayette, KY	409,656	464,042	470,849	61,193	14.9%	6,807	1.47%
107	Spokane, WA	418,826	462,408	468,684	49,858	11.9%	6,276	1.36%
108	Fayetteville-Springdale-Rogers, AR-MO	349,562	455,408	464,623	115,061	32.9%	9,215	2.02%
109	Pensacola-Ferry Pass-Brent, FL	413,171	453,132	455,102	41,931	10.1%	1,970	0.43%
110	Lansing-East Lansing, MI	448,543	454,605	453,603	5,060	1.1%	(1,002)	-0.22%
111	Springfield, MO	369,775	426,125	430,900	61,125	16.5%	4,775	1.12%
112	Visalia-Porterville, CA	368,628	422,343	429,668	61,040	16.6%	7,325	1.73%
113	York-Hanover, PA	382,749	425,766	428,937	46,188	12.1%	3,171	0.74%
114	Flint, MI	436,885	428,859	424,043	(12,842)	-2.9%	(4,816)	-1.12%
115	Reno-Sparks, NV	344,808	416,657	419,261	74,453	21.6%	2,604	0.62%
116	Corpus Christi, TX	403,199	413,206	416,095	12,896	3.2%	2,889	0.70%
117	Fort Wayne, IN	391,066	411,625	414,315	23,249	5.9%	2,690	0.65%
118	Asheville, NC	370,492	409,001	412,672	42,180	11.4%	3,671	0.90%
119	Mobile, AL	400,061	409,132	411,721	11,660	2.9%	2,589	0.63%

120	Salinas, CA	403,065	405,660	410,370	7,305	1.8%	4,710	1.16%
121	Canton-Massillon, OH	406,966	408,782	408,005	1,039	0.3%	(777)	-0.19%
122	Vallejo-Fairfield, CA	396,974	406,293	407,234	10,260	2.6%	941	0.23%
123	Reading, PA	374,521	404,771	407,125	32,604	8.7%	2,354	0.58%
124	Santa Barbara-Santa Maria-Goleta, CA	399,784	403,655	407,057	7,273	1.8%	3,402	0.84%
125	Huntsville, AL	343,798	397,228	406,316	62,518	18.2%	9,088	2.29%
126	Port St. Lucie, FL	320,593	404,726	406,296	85,703	26.7%	1,570	0.39%
127	Manchester-Nashua, NH	382,409	404,074	405,906	23,497	6.1%	1,832	0.45%
128	Brownsville-Harlingen, TX	336,443	389,164	396,371	59,928	17.8%	7,207	1.85%
129	Salem, OR	348,222	390,561	396,103	47,881	13.8%	5,542	1.42%
130	Shreveport-Bossier City, LA	376,127	389,389	391,516	15,389	4.1%	2,127	0.55%
131	Killeen-Temple-Fort Hood, TX	332,022	379,569	379,231	47,209	14.2%	(338)	-0.09%
132	Davenport-Moline-Rock Island, IA-IL	375,820	376,980	379,066	3,246	0.9%	2,086	0.55%
133	Beaumont-Port Arthur, TX	384,688	377,477	378,477	(6,211)	-1.6%	1,000	0.26%
134	Peoria, IL	366,602	372,638	375,865	9,263	2.5%	3,227	0.87%
135	Anchorage, AK	320,434	365,790	374,553	54,119	16.9%	8,763	2.40%
136	Montgomery, AL	347,002	365,596	366,401	19,399	5.6%	805	0.22%
137	Trenton-Ewing, NJ	351,561	364,571	366,222	14,661	4.2%	1,651	0.45%
138	Hickory-Lenoir-Morganton, NC	343,120	363,237	365,364	22,244	6.5%	2,127	0.59%
139	Fayetteville, NC	336,893	354,334	360,355	23,462	7.0%	6,021	1.70%
140	Tallahassee, FL	321,372	357,171	360,013	38,641	12.0%	2,842	0.80%
141	Wilmington, NC	275,827	348,054	354,525	78,698	28.5%	6,471	1.86%
142	Rockford, IL	321,042	353,381	353,722	32,680	10.2%	341	0.10%
143	Evansville, IN-KY	342,992	350,614	351,911	8,919	2.6%	1,297	0.37%
144	Eugene-Springfield, OR	323,505	348,425	351,109	27,604	8.5%	2,684	0.77%
145	Ann Arbor, MI	324,491	344,767	347,563	23,072	7.1%	2,796	0.81%
146	Savannah, GA	293,668	334,562	343,092	49,424	16.8%	8,530	2.55%
147	Ocala, FL	260,285	327,172	328,547	68,262	26.2%	1,375	0.42%
148	Kalamazoo-Portage, MI	315,398	324,135	326,634	11,236	3.6%	2,499	0.77%
149	Naples-Marco Island, FL	254,070	315,533	318,537	64,467	25.4%	3,004	0.95%
150	South Bend-Mishawaka, IN-MI	316,977	318,129	317,538	561	0.2%	(591)	-0.19%
151	Kingsport-Bristol-Bristol, TN-VA	298,438	304,679	305,629	7,191	2.4%	950	0.31%
152	Green Bay, WI	283,337	302,322	304,783	21,446	7.6%	2,461	0.81%
153	Charleston, WV	309,387	303,331	304,214	(5,173)	-1.7%	883	0.29%
154	Boulder, CO /1	271,669	300,452	303,482	31,813	11.7%	3,030	1.01%
155	Roanoke, VA	288,503	298,920	300,399	11,896	4.1%	1,479	0.49%
156	Fort Collins-Loveland, CO	253,152	292,889	298,382	45,230	17.9%	5,493	1.88%
157	Lincoln, NE	267,955	294,665	298,012	30,057	11.2%	3,347	1.14%
158	Utica-Rome, NY	299,428	292,833	293,280	(6,148)	-2.1%	447	0.15%
159	Fort Smith, AR-OK	273,816	290,977	293,063	19,247	7.0%	2,086	0.72%
160	Columbus, GA-AL	282,164	287,251	292,795	10,631	3.8%	5,544	1.93%
161	Spartanburg, SC	254,418	282,520	286,822	32,404	12.7%	4,302	1.52%
162	Huntington-Ashland, WV-KY-OH	288,355	284,903	285,624	(2,731)	-0.9%	721	0.25%
163	Erie, PA	280,734	279,647	280,291	(443)	-0.2%	644	0.23%
164	Lubbock, TX	250,130	271,582	276,659	26,529	10.6%	5,077	1.87%
165	Duluth, MN-WI	275,580	275,188	276,368	788	0.3%	1,180	0.43%
166	Atlantic City-Hammonton, NJ	253,038	270,609	271,712	18,674	7.4%	1,103	0.41%
167	Clarksville, TN-KY	232,719	261,757	268,546	35,827	15.4%	6,789	2.59%
168	San Luis Obispo-Paso Robles, CA	247,878	265,134	266,971	19,093	7.7%	1,837	0.69%
169	Norwich-New London, CT	259,575	265,830	266,830	7,255	2.8%	1,000	0.38%
170	Hagerstown-Martinsburg, MD-WV	223,526	264,278	266,149	42,623	19.1%	1,871	0.71%
171	Myrtle Beach-North Myrtle Beach-Conway, SC	198,132	258,790	263,868	65,736	33.2%	5,078	1.96%
172	Lafayette, LA	239,107	259,773	263,171	24,064	10.1%	3,398	1.31%
173	Holland-Grand Haven, MI	239,490	260,891	261,957	22,467	9.4%	1,066	0.41%
174	Gainesville, FL	233,142	259,179	260,690	27,548	11.8%	1,511	0.58%
175	Cedar Rapids, IA	237,853	254,911	256,324	18,471	7.8%	1,413	0.55%
176	Santa Cruz-Watsonville, CA	255,834	252,929	256,218	384	0.2%	3,289	1.30%
177	Greeley, CO /1	183,045	248,852	254,759	71,714	39.2%	5,907	2.37%
178	Olympia, WA	208,304	245,571	250,979	42,675	20.5%	5,408	2.20%
179	Lynchburg, VA	228,918	245,579	247,447	18,529	8.1%	1,868	0.76%
180	Amarillo, TX	227,117	243,682	246,474	19,357	8.5%	2,792	1.15%
181	Kennewick-Pasco-Richland, WA	192,710	237,206	245,649	52,939	27.5%	8,443	3.56%
182	Merced, CA	212,122	244,356	245,321	33,199	15.7%	965	0.39%

183	Binghamton, NY	252,042	244,870	244,694	(7,348)	-2.9%	(176)	-0.07%
184	Laredo, TX	194,523	235,937	241,438	46,915	24.1%	5,501	2.33%
185	Bremerton-Silverdale, WA	232,355	239,865	240,862	8,507	3.7%	997	0.42%
186	Yakima, WA	222,696	234,881	239,054	16,358	7.3%	4,173	1.78%
187	Gulfport-Biloxi, MS	246,838	236,155	238,772	(8,066)	-3.3%	2,617	1.11%
188	Sioux Falls, SD	188,344	233,503	238,122	49,778	26.4%	4,619	1.98%
189	Waco, TX	214,093	230,849	233,378	19,285	9.0%	2,529	1.10%
190	Macon, GA	222,387	230,735	231,576	9,189	4.1%	841	0.36%
191	Topeka, KS	224,800	229,774	230,824	6,024	2.7%	1,050	0.46%
192	Champaign-Urbana, IL	210,511	223,998	226,132	15,621	7.4%	2,134	0.95%
193	Appleton, WI	202,508	219,780	221,894	19,386	9.6%	2,114	0.96%
194	Barnstable Town, MA	223,245	221,521	221,151	(2,094)	-0.9%	(370)	-0.17%
195	Chico, CA	203,926	219,503	220,577	16,651	8.2%	1,074	0.49%
196	Prescott, AZ	168,886	214,930	215,686	46,800	27.7%	756	0.35%
197	College Station-Bryan, TX	185,469	207,140	212,268	26,799	14.4%	5,128	2.48%
198	Tuscaloosa, AL	193,425	208,902	210,839	17,414	9.0%	1,937	0.93%
199	Springfield, IL	201,586	207,305	208,182	6,596	3.3%	877	0.42%
200	Burlington-South Burlington, VT	199,590	207,028	208,055	8,465	4.2%	1,027	0.50%
201	Longview, TX	194,010	204,496	206,874	12,864	6.6%	2,378	1.16%
202	Las Cruces, NM	174,973	201,428	206,419	31,446	18.0%	4,991	2.48%
203	Tyler, TX	175,500	201,160	204,665	29,165	16.6%	3,505	1.74%
204	Houma-Bayou Cane-Thibodaux, LA	194,435	202,717	202,973	8,538	4.4%	256	0.13%
205	Medford, OR	181,798	200,298	201,286	19,488	10.7%	988	0.49%
206	Florence, SC	193,260	200,231	200,653	7,393	3.8%	422	0.21%
207	Racine, WI	188,991	200,109	200,601	11,610	6.1%	492	0.25%
208	Elkhart-Goshen, IN	183,521	200,125	200,502	16,981	9.3%	377	0.19%
209	Bellingham, WA	167,760	196,960	200,434	32,674	19.5%	3,474	1.76%
210	Fargo, ND-MN	174,791	195,948	200,102	25,311	14.5%	4,154	2.12%
211	Saginaw-Saginaw Township North, MI	209,931	200,858	200,050	(9,881)	-4.7%	(808)	-0.40%
212	Johnson City, TN	181,989	195,783	197,381	15,392	8.5%	1,598	0.82%
213	Yuma, AZ	160,675	193,299	196,972	36,297	22.6%	3,673	1.90%
214	Charlottesville, VA	174,784	195,012	196,766	21,982	12.6%	1,754	0.90%
215	Lafayette, IN	178,844	193,753	196,329	17,485	9.8%	2,576	1.33%
216	Lake Havasu City-Kingman, AZ	156,194	195,601	194,825	38,631	24.7%	(776)	-0.40%
217	Lake Charles, LA	193,463	192,972	194,138	675	0.3%	1,166	0.60%
218	Athens-Clarke County, GA	166,903	189,926	192,222	25,319	15.2%	2,296	1.21%
219	St. Cloud, MN	168,045	187,672	189,148	21,103	12.6%	1,476	0.79%
220	Gainesville, GA	140,886	184,731	187,743	46,857	33.3%	3,012	1.63%
221	Rochester, MN	164,427	183,394	185,618	21,191	12.9%	2,224	1.21%
222	Bloomington, IN	175,831	184,165	185,598	9,767	5.6%	1,433	0.78%
223	Anderson, SC	166,319	182,937	184,901	18,582	11.2%	1,964	1.07%
224	Kingston, NY	177,831	181,722	181,440	3,609	2.0%	(282)	-0.16%
225	Redding, CA	163,782	180,515	181,099	17,317	10.6%	584	0.32%
226	Greenville, NC	153,156	176,589	179,715	26,559	17.3%	3,126	1.77%
227	Fort Walton Beach-Crestview-Destin, FL	170,966	179,529	178,473	7,507	4.4%	(1,056)	-0.59%
228	Joplin, MO	157,718	172,615	174,300	16,582	10.5%	1,685	0.98%
229	Monroe, LA	170,043	172,981	174,086	4,043	2.4%	1,105	0.64%
230	Muskegon-Norton Shores, MI	170,485	174,569	173,951	3,466	2.0%	(618)	-0.35%
231	Jacksonville, NC	149,774	169,233	173,064	23,290	15.6%	3,831	2.26%
232	Terre Haute, IN	170,813	169,812	169,825	(988)	-0.6%	13	0.01%
233	Bloomington-Normal, IL	150,897	165,571	167,699	16,802	11.1%	2,128	1.29%
234	El Centro, CA	142,396	163,093	166,874	24,478	17.2%	3,781	2.32%
235	Columbia, MO	146,026	164,182	166,234	20,208	13.8%	2,052	1.25%
236	Yuba City, CA	139,483	164,992	165,539	26,056	18.7%	547	0.33%
237	Albany, GA	157,757	164,488	165,440	7,683	4.9%	952	0.58%
238	Waterloo-Cedar Falls, IA	163,668	163,659	164,913	1,245	0.8%	1,254	0.77%
239	Panama City-Lynn Haven-Panama City Beach, FL	148,258	163,802	164,767	16,509	11.1%	965	0.59%
240	Oshkosh-Neenah, WI	157,082	162,099	163,370	6,288	4.0%	1,271	0.78%
241	Parkersburg-Marietta-Vienna, WV-OH	164,443	160,921	160,905	(3,538)	-2.2%	(16)	-0.01%
242	Niles-Benton Harbor, MI	162,556	160,319	160,472	(2,084)	-1.3%	153	0.10%
243	Janesville, WI	152,499	160,186	160,155	7,656	5.0%	(31)	-0.02%
244	Abilene, TX	160,108	159,059	160,070	(38)	0.0%	1,011	0.64%
245	Eau Claire, WI	148,689	158,495	160,018	11,329	7.6%	1,523	0.96%

246	Jackson, MI	158,735	160,266	159,828	1,093	0.7%	(438)	-0.27%
247	Blacksburg-Christiansburg-Radford, VA	151,479	158,521	159,587	8,108	5.4%	1,066	0.67%
248	Bend, OR	116,618	157,730	158,629	42,011	36.0%	899	0.57%
249	Vineland-Millville-Bridgeton, NJ	146,362	156,784	157,745	11,383	7.8%	961	0.61%
250	Dover, DE	127,109	155,492	157,741	30,632	24.1%	2,249	1.45%
251	Pueblo, CO	141,839	156,009	157,224	15,385	10.8%	1,215	0.78%
252	Punta Gorda, FL	142,246	157,736	156,952	14,706	10.3%	(784)	-0.50%
253	Pascagoula, MS	151,034	154,510	155,603	4,569	3.0%	1,093	0.71%
254	Billings, MT	139,091	152,320	154,553	15,462	11.1%	2,233	1.47%
255	Alexandria, LA	145,079	153,451	154,101	9,022	6.2%	650	0.42%
256	Monroe, MI	146,412	152,870	152,721	6,309	4.3%	(149)	-0.10%
257	Iowa City, IA	132,182	149,359	152,263	20,081	15.2%	2,904	1.94%
258	Decatur, AL	146,050	150,344	151,399	5,349	3.7%	1,055	0.70%
259	Burlington, NC	131,521	147,910	150,358	18,837	14.3%	2,448	1.66%
260	Bangor, ME	144,907	149,268	149,419	4,512	3.1%	151	0.10%
261	Hanford-Corcoran, CA	129,774	148,746	148,764	18,990	14.6%	18	0.01%
262	Madera-Chowchilla, CA	123,566	147,577	148,632	25,066	20.3%	1,055	0.71%
263	Santa Fe, NM	129,840	145,362	147,532	17,692	13.6%	2,170	1.49%
264	Jefferson City, MO	140,320	146,465	147,438	7,118	5.1%	973	0.66%
265	Wichita Falls, TX	151,584	147,607	147,421	(4,163)	-2.7%	(186)	-0.13%
266	Rocky Mount, NC	143,045	146,524	146,596	3,551	2.5%	72	0.05%
267	State College, PA	135,930	145,550	146,212	10,282	7.6%	662	0.45%
268	Grand Junction, CO	117,488	141,905	146,093	28,605	24.3%	4,188	2.95%
269	Wheeling, WV-OH	152,850	144,986	144,637	(8,213)	-5.4%	(349)	-0.24%
270	Sioux City, IA-NE-SD	143,005	142,764	144,360	1,355	0.9%	1,596	1.12%
271	Florence-Muscle Shoals, AL	143,006	143,826	144,238	1,232	0.9%	412	0.29%
272	Johnstown, PA	152,240	144,488	143,998	(8,242)	-5.4%	(490)	-0.34%
273	Hattiesburg, MS	124,325	141,000	143,093	18,768	15.1%	2,093	1.48%
274	Dothan, AL	131,053	141,446	142,693	11,640	8.9%	1,247	0.88%
275	Springfield, OH	144,661	139,818	139,671	(4,990)	-3.4%	(147)	-0.11%
276	Coeur d'Alene, ID	109,541	136,998	139,390	29,849	27.2%	2,392	1.75%
277	Morristown, TN	123,564	136,579	137,612	14,048	11.4%	1,033	0.76%
278	Texarkana, TX-Texarkana, AR	129,681	135,981	137,486	7,805	6.0%	1,505	1.11%
279	St. George, UT	91,256	135,678	137,473	46,217	50.6%	1,795	1.32%
280	Auburn-Opelika, AL	115,511	133,105	135,883	20,372	17.6%	2,778	2.09%
281	Valdosta, GA	119,741	133,675	135,804	16,063	13.4%	2,129	1.59%
282	Warner Robins, GA	111,248	133,470	135,715	24,467	22.0%	2,245	1.68%
283	Battle Creek, MI	138,021	136,404	135,616	(2,405)	-1.7%	(788)	-0.58%
284	Sebastian-Vero Beach, FL	113,387	134,293	135,167	21,780	19.2%	874	0.65%
285	Napa, CA	124,545	133,591	134,650	10,105	8.1%	1,059	0.79%
286	Odessa, TX	120,685	131,180	134,625	13,940	11.6%	3,445	2.63%
287	Dalton, GA	120,838	134,288	134,319	13,481	11.2%	31	0.02%
288	La Crosse, WI-MN	127,020	131,728	132,923	5,903	4.6%	1,195	0.91%
289	Midland, TX	115,487	129,159	132,316	16,829	14.6%	3,157	2.44%
290	Wausau, WI	125,905	131,043	131,612	5,707	4.5%	569	0.43%
291	Anderson, IN	133,275	131,253	131,417	(1,858)	-1.4%	164	0.12%
292	Lebanon, PA	120,416	129,302	130,506	10,090	8.4%	1,204	0.93%
293	Flagstaff, AZ	116,717	128,426	129,849	13,132	11.3%	1,423	1.11%
294	Pittsfield, MA	134,787	129,571	129,288	(5,499)	-4.1%	(283)	-0.22%
295	Glens Falls, NY	124,348	128,653	128,774	4,426	3.6%	121	0.09%
296	Logan, UT-ID	103,220	124,362	127,945	24,725	24.0%	3,583	2.88%
297	St. Joseph, MO-KS	123,967	126,051	126,644	2,677	2.2%	593	0.47%
298	Idaho Falls, ID	102,081	123,123	126,131	24,050	23.6%	3,008	2.44%
299	Altoona, PA	129,030	125,923	126,122	(2,908)	-2.3%	199	0.16%
300	Rapid City, SD	113,008	122,697	124,766	11,758	10.4%	2,069	1.69%
301	Mansfield, OH	128,797	125,081	124,490	(4,307)	-3.3%	(591)	-0.47%
302	Farmington, NM	114,035	122,407	124,131	10,096	8.9%	1,724	1.41%
303	Winchester, VA-WV	103,566	122,620	123,989	20,423	19.7%	1,369	1.12%
304	Manhattan, KS	109,039	122,049	123,086	14,047	12.9%	1,037	0.85%
305	Weirton-Steubenville, WV-OH	131,618	121,682	120,929	(10,689)	-8.1%	(753)	-0.62%
306	Bowling Green, KY	104,476	118,588	120,595	16,119	15.4%	2,007	1.69%
307	Morgantown, WV	111,190	118,931	120,327	9,137	8.2%	1,396	1.17%
308	Harrisonburg, VA	108,285	118,770	120,271	11,986	11.1%	1,501	1.26%

309	Salisbury, MD	109,582	119,990	120,181	10,599	9.7%	191	0.16%
310	Jonesboro, AR	108,135	118,135	120,139	12,004	11.1%	2,004	1.70%
311	Sherman-Denison, TX	110,993	118,786	120,030	9,037	8.1%	1,244	1.05%
312	Mount Vernon-Anacortes, WA	103,475	118,373	119,534	16,059	15.5%	1,161	0.98%
313	Williamsport, PA	119,957	116,666	116,840	(3,117)	-2.6%	174	0.15%
314	Lawrence, KS	100,295	114,752	116,383	16,088	16.0%	1,631	1.42%
315	Victoria, TX	111,650	114,256	115,396	3,746	3.4%	1,140	1.00%
316	Muncie, IN	118,733	114,897	115,192	(3,541)	-3.0%	295	0.26%
317	Sheboygan, WI	112,742	114,458	114,560	1,818	1.6%	102	0.09%
318	Anniston-Oxford, AL	111,342	113,422	114,081	2,739	2.5%	659	0.58%
319	Goldsboro, NC	113,297	113,419	113,811	514	0.5%	392	0.35%
320	Owensboro, KY	110,006	112,945	113,636	3,630	3.3%	691	0.61%
321	Jackson, TN	107,581	113,008	113,629	6,048	5.6%	621	0.55%
322	Elizabethtown, KY	107,694	112,408	113,433	5,739	5.3%	1,025	0.91%
323	Cleveland, TN	104,307	112,414	113,358	9,051	8.7%	944	0.84%
324	Lawton, OK	114,675	112,249	113,228	(1,447)	-1.3%	979	0.87%
325	Kankakee-Bradley, IL	103,879	112,719	113,215	9,336	9.0%	496	0.44%
326	Michigan City-La Porte, IN	110,158	110,754	111,063	905	0.8%	309	0.28%
327	San Angelo, TX	105,812	109,152	110,119	4,307	4.1%	967	0.89%
328	Wenatchee-East Wenatchee, WA	99,379	108,301	109,937	10,558	10.6%	1,636	1.51%
329	Missoula, MT	96,170	107,552	108,623	12,453	12.9%	1,071	1.00%
330	Decatur, IL	114,476	108,326	108,204	(6,272)	-5.5%	(122)	-0.11%
331	Bay City, MI	110,091	107,597	107,434	(2,657)	-2.4%	(163)	-0.15%
332	Lewiston-Auburn, ME	103,845	107,061	106,539	2,694	2.6%	(522)	-0.49%
333	Bismarck, ND	94,840	104,629	106,286	11,446	12.1%	1,657	1.58%
334	Danville, VA	110,000	106,250	105,814	(4,186)	-3.8%	(436)	-0.41%
335	Sumter, SC	104,655	104,313	104,495	(160)	-0.2%	182	0.17%
336	Lima, OH	108,577	104,826	104,357	(4,220)	-3.9%	(469)	-0.45%
337	Brunswick, GA	93,226	103,020	103,841	10,615	11.4%	821	0.80%
338	Gadsden, AL	103,313	103,435	103,645	332	0.3%	210	0.20%
339	Longview, WA	93,012	101,537	101,966	8,954	9.6%	429	0.42%
340	Ithaca, NY	96,662	101,027	101,779	5,117	5.3%	752	0.74%
341	Pine Bluff, AR	107,236	101,307	100,694	(6,542)	-6.1%	(613)	-0.61%
342	Fond du Lac, WI	97,384	99,864	100,070	2,686	2.8%	206	0.21%
343	Cumberland, MD-WV	101,841	99,772	99,736	(2,105)	-2.1%	(36)	-0.04%
344	Kokomo, IN	101,528	99,450	98,787	(2,741)	-2.7%	(663)	-0.67%
345	Fairbanks, AK	82,769	98,351	98,660	15,891	19.2%	309	0.31%
346	Hot Springs, AR	88,350	97,700	98,479	10,129	11.5%	779	0.80%
347	Grand Forks, ND-MN	97,331	97,261	97,190	(141)	-0.1%	(71)	-0.07%
348	Rome, GA	90,811	95,696	96,250	5,439	6.0%	554	0.58%
349	Ocean City, NJ	102,307	96,470	96,091	(6,216)	-6.1%	(379)	-0.39%
350	Cape Girardeau-Jackson, MO-IL	90,429	93,287	93,712	3,283	3.6%	425	0.46%
351	Mankato-North Mankato, MN	85,850	92,576	93,234	7,384	8.6%	658	0.71%
352	Dubuque, IA	89,232	92,589	93,072	3,840	4.3%	483	0.52%
353	Palm Coast, FL	50,560	90,700	91,622	41,062	81.2%	922	1.02%
354	Pocatello, ID	83,171	88,984	90,273	7,102	8.5%	1,289	1.45%
355	Cheyenne, WY	81,745	87,759	88,854	7,109	8.7%	1,095	1.25%
356	Elmira, NY	91,079	87,902	88,331	(2,748)	-3.0%	429	0.49%
357	Ames, IA	80,127	86,219	87,214	7,087	8.8%	995	1.15%
358	Corvallis, OR	78,197	81,775	82,605	4,408	5.6%	830	1.01%
359	Great Falls, MT	80,201	82,022	82,178	1,977	2.5%	156	0.19%
360	Danville, IL	83,796	80,453	80,067	(3,729)	-4.5%	(386)	-0.48%
361	Sandusky, OH	79,603	77,339	76,963	(2,640)	-3.3%	(376)	-0.49%
362	Columbus, IN	71,737	75,494	76,063	4,326	6.0%	569	0.75%
363	Casper, WY	66,554	73,057	74,508	7,954	12.0%	1,451	1.99%
364	Hinesville-Fort Stewart, GA	71,802	70,284	74,420	2,618	3.6%	4,136	5.88%
365	Lewiston, ID-WA	57,952	60,260	60,643	2,691	4.6%	383	0.64%
366	Carson City, NV	52,551	55,274	55,176	2,625	5.0%	(98)	-0.18%

Table 3
 US Metropolitan Areas
 Domestic Migration by Size: 2000-2009

Size of Metropolitan Area: 2000	2000			2008		
	Population	Domestic Migration: 2000-2009	% Change	Population	Domestic Migration: 2009	% Change
Over 10,000,000	30,751,693	(3,327,175)	-10.8%	31,736,896	(190,178)	-0.60%
5,000,000 - 10,000,000	25,033,001	(647,633)	-2.6%	27,258,969	(32,046)	-0.12%
2,500,000 - 5,000,000	47,513,446	441,297	0.9%	53,209,026	70,182	0.13%
1,000,000 - 2,500,000	46,458,733	1,347,878	2.9%	51,147,886	120,734	0.24%
Smaller Metropolitan	84,033,755	2,236,505	2.7%	91,459,751	125,037	0.14%
500,000 - 1,000,000	27,563,480	506,212	1.8%	30,062,838	42,135	0.14%
250,000 - 500,000	28,626,932	941,415	3.3%	31,343,325	30,032	0.10%
50,000 - 250,000	27,843,343	788,878	2.8%	30,053,588	52,870	0.18%
Non-Metropolitan	48,381,329	(50,872)	-0.1%	49,562,318	(93,729)	-0.19%

Table 4
 US Metropolitan Areas
 Domestic Migration: 2000-2009

Rank	Metropolitan Area	2000			2008			2009		
		Population	Domestic Migration: 2000-2009	% Change	Population	Domestic Migration: 2009	% Change	Population	Domestic Migration: 2009	% Change
1	New York-Northern New Jersey-Long Island, NY-NJ-PA	18,352,743	-1,962,055	-10.7%	18,968,501	-110,278	-0.58%	19,069,796		
2	Los Angeles-Long Beach-Santa Ana, CA	12,398,950	-1,365,120	-11.0%	12,768,395	-79,900	-0.63%	12,874,797		
3	Chicago-Naperville-Joliet, IL-IN-WI	9,117,732	-561,670	-6.2%	9,515,636	-40,389	-0.42%	9,580,567		
4	Dallas-Fort Worth-Arlington, TX	5,196,188	317,062	6.1%	6,301,085	45,241	0.72%	6,447,615		
5	Philadelphia-Camden-Wilmington, PA-NJ-DE-MD	5,693,275	-115,890	-2.0%	5,940,496	-7,577	-0.13%	5,968,252		
6	Houston-Sugar Land-Baytown, TX	4,739,414	243,567	5.1%	5,726,705	49,662	0.87%	5,867,489		
7	Miami-Fort Lauderdale-Pompano Beach, FL	5,025,806	-287,135	-5.7%	5,501,752	-29,321	-0.53%	5,547,051		
8	Washington-Arlington-Alexandria, DC-VA-MD-WV	4,821,031	-107,305	-2.2%	5,377,936	18,189	0.34%	5,476,241		
9	Atlanta-Sandy Springs-Marietta, GA	4,281,905	428,620	10.0%	5,385,586	17,479	0.32%	5,475,213		
10	Boston-Cambridge-Quincy, MA-NH	4,402,611	-235,915	-5.4%	4,544,705	6,813	0.15%	4,588,680		
11	Detroit-Warren-Livonia, MI	4,457,471	-366,790	-8.2%	4,423,781	-45,488	-1.03%	4,403,437		
12	Phoenix-Mesa-Scottsdale, AZ	3,278,661	543,409	16.6%	4,287,323	12,441	0.29%	4,364,094		
13	San Francisco-Oakland-Fremont, CA	4,136,658	-347,375	-8.4%	4,260,236	7,977	0.19%	4,317,853		
14	Riverside-San Bernardino-Ontario, CA	3,277,578	469,093	14.3%	4,092,831	-616	-0.02%	4,143,113		
15	Seattle-Tacoma-Bellevue, WA	3,052,379	40,741	1.3%	3,356,637	17,035	0.51%	3,407,848		
16	Minneapolis-St. Paul-Bloomington, MN-WI	2,981,616	-19,731	-0.7%	3,237,612	-2,503	-0.08%	3,269,814		
17	San Diego-Carlsbad-San Marcos, CA	2,824,987	-126,860	-4.5%	3,019,274	-2,588	-0.09%	3,053,793		
18	St. Louis, MO-IL	2,701,634	-43,750	-1.6%	2,818,688	-4,532	-0.16%	2,828,990		
19	Tampa-St. Petersburg-Clearwater, FL	2,404,273	260,333	10.8%	2,730,007	4,663	0.17%	2,747,272		
20	Baltimore-Towson, MD	2,557,501	-36,407	-1.4%	2,677,712	-3,687	-0.14%	2,690,886		
21	Denver-Aurora-Broomfield, CO /3	2,194,022	66,269	3.0%	2,500,384	19,831	0.79%	2,552,195		
22	Pittsburgh, PA	2,429,023	-52,028	-2.1%	2,355,391	1,144	0.05%	2,354,957		
23	Portland-Vancouver-Beaverton, OR-WA	1,936,108	121,957	6.3%	2,203,745	16,320	0.74%	2,241,841		
24	Cincinnati-Middletown, OH-KY-IN	2,014,665	-17,648	-0.9%	2,158,643	-384	-0.02%	2,171,896		
25	Sacramento--Arden-Arcade--Roseville, CA	1,808,442	141,117	7.8%	2,101,138	4,733	0.23%	2,127,355		
26	Cleveland-Elyria-Mentor, OH	2,147,948	-136,943	-6.4%	2,094,051	-10,191	-0.49%	2,091,286		
27	Orlando-Kissimmee, FL	1,656,835	225,259	13.6%	2,060,968	-4,279	-0.21%	2,082,421		
28	San Antonio, TX	1,719,262	177,447	10.3%	2,030,691	18,984	0.93%	2,072,128		
29	Kansas City, MO-KS	1,842,924	31,747	1.7%	2,046,083	3,929	0.19%	2,067,585		
30	Las Vegas-Paradise, NV	1,393,370	311,463	22.4%	1,879,093	-1,256	-0.07%	1,902,834		
31	San Jose-Sunnyvale-Santa Clara, CA	1,739,669	-240,012	-13.8%	1,810,646	-5,361	-0.30%	1,839,700		
32	Columbus, OH	1,619,514	34,204	2.1%	1,779,822	5,018	0.28%	1,801,848		
33	Charlotte-Gastonia-Concord, NC-SC	1,340,417	248,379	18.5%	1,706,469	19,211	1.13%	1,745,524		
34	Indianapolis-Carmel, IN	1,531,156	72,517	4.7%	1,720,796	7,034	0.41%	1,743,658		
35	Austin-Round Rock, TX	1,265,715	234,239	18.5%	1,654,100	25,654	1.55%	1,705,075		
36	Virginia Beach-Norfolk-Newport News, VA-NC	1,580,387	-20,005	-1.3%	1,670,225	-8,052	-0.48%	1,674,498		
37	Providence-New Bedford-Fall River, RI-MA	1,586,744	-49,168	-3.1%	1,599,312	-6,736	-0.42%	1,600,642		
38	Nashville-Davidson--Murfreesboro--Franklin, TN	1,317,580	123,199	9.4%	1,556,368	10,826	0.70%	1,582,264		
39	Milwaukee-Waukesha-West Allis, WI	1,502,305	-74,453	-5.0%	1,550,451	-2,336	-0.15%	1,559,667		
40	Jacksonville, FL	1,126,224	126,766	11.3%	1,316,528	1,758	0.13%	1,328,144		
41	Memphis, TN-MS-AR	1,208,269	-8,583	-0.7%	1,298,529	-5,276	-0.41%	1,304,926		
42	Louisville/Jefferson County, KY-IN	1,165,132	34,381	3.0%	1,249,739	2,122	0.17%	1,258,577		
43	Richmond, VA	1,100,196	75,886	6.9%	1,227,115	2,751	0.22%	1,238,187		
44	Oklahoma City, OK	1,097,874	41,082	3.7%	1,207,519	8,798	0.73%	1,227,278		
45	Hartford-West Hartford-East Hartford, CT	1,150,915	-9,349	-0.8%	1,191,170	-1,847	-0.16%	1,195,998		
46	New Orleans-Metairie-Kenner, LA	1,315,616	-301,731	-22.9%	1,168,547	14,906	1.28%	1,189,981		
47	Birmingham-Hoover, AL	1,053,394	26,934	2.6%	1,123,146	2,418	0.22%	1,131,070		
48	Salt Lake City, UT	972,653	-34,428	-3.5%	1,111,600	-164	-0.01%	1,130,293		
49	Raleigh-Cary, NC	804,436	194,361	24.2%	1,090,408	20,095	1.84%	1,125,827		
50	Buffalo-Niagara Falls, NY	1,169,159	-55,162	-4.7%	1,124,055	-1,711	-0.15%	1,123,804		
51	Rochester, NY	1,041,595	-40,219	-3.9%	1,033,155	-1,937	-0.19%	1,035,566		

52	Tucson, AZ	848,521	72,325	8.5%	1,009,832	2,311	0.23%	1,020,200
53	Tulsa, OK	861,369	10,466	1.2%	916,037	6,059	0.66%	929,015
54	Fresno, CA	801,444	-4,435	-0.6%	903,133	-1,801	-0.20%	915,267
55	Honolulu, HI	875,061	-54,238	-6.2%	902,745	-4,322	-0.48%	907,574
56	Bridgeport-Stamford-Norwalk, CT	884,420	-74,049	-8.4%	894,401	-2,278	-0.25%	901,208
57	Albuquerque, NM	731,712	59,705	8.2%	846,582	3,095	0.37%	857,903
58	Albany-Schenectady-Troy, NY	827,227	8,457	1.0%	854,301	-5	0.00%	857,592
59	Omaha-Council Bluffs, NE-IA	769,117	7,809	1.0%	839,265	1,380	0.16%	849,517
60	New Haven-Milford, CT	824,992	-18,028	-2.2%	845,573	-2,649	-0.31%	848,006
61	Dayton, OH	848,093	-44,411	-5.2%	837,036	-4,857	-0.58%	835,063
62	Allentown-Bethlehem-Easton, PA-NJ	741,937	46,349	6.2%	811,669	511	0.06%	816,012
63	Bakersfield, CA	663,484	50,353	7.6%	797,145	-1,655	-0.21%	807,407
64	Worcester, MA	752,684	-7,375	-1.0%	799,343	-1,107	-0.14%	803,701
65	Oxnard-Thousand Oaks-Ventura, CA	756,366	-37,739	-5.0%	794,778	-1,180	-0.15%	802,983
66	Baton Rouge, LA	707,429	31,102	4.4%	779,340	1,990	0.26%	786,947
67	Grand Rapids-Wyoming, MI	743,092	-30,860	-4.2%	776,505	-5,891	-0.76%	778,009
68	El Paso, TX	680,942	-50,088	-7.4%	738,416	-479	-0.06%	751,296
69	Columbia, SC	649,181	55,384	8.5%	732,558	7,209	0.98%	744,730
70	McAllen-Edinburg-Mission, TX	573,398	17,661	3.1%	721,275	2,656	0.37%	741,152
71	Greensboro-High Point, NC	645,536	22,815	3.5%	707,185	2,200	0.31%	714,765
72	Akron, OH	695,971	-17,314	-2.5%	699,954	-1,991	-0.28%	699,935
73	Knoxville, TN	617,573	57,564	9.3%	692,210	4,459	0.64%	699,247
74	Springfield, MA	680,453	-15,226	-2.2%	696,869	-1,664	-0.24%	698,903
75	Bradenton-Sarasota-Venice, FL	592,703	98,311	16.6%	685,926	2,007	0.29%	688,126
76	Little Rock-North Little Rock-Conway, AR	612,149	34,660	5.7%	675,921	4,781	0.71%	685,488
77	Poughkeepsie-Newburgh-Middletown, NY	624,156	14,612	2.3%	672,020	245	0.04%	677,094
78	Stockton, CA	567,968	33,784	5.9%	668,753	-2,475	-0.37%	674,860
79	Toledo, OH	659,224	-38,307	-5.8%	673,345	-4,324	-0.64%	672,220
80	Charleston-North Charleston-Summerville, SC	550,875	65,295	11.9%	647,194	6,643	1.03%	659,191
81	Syracuse, NY	649,817	-27,743	-4.3%	645,016	-1,730	-0.27%	646,084
82	Greenville-Mauldin-Easley, SC	561,900	38,657	6.9%	630,098	4,803	0.76%	639,617
83	Colorado Springs, CO	540,111	29,920	5.5%	616,975	3,319	0.54%	626,227
84	Wichita, KS	572,045	-6,490	-1.1%	603,205	3,916	0.65%	612,683
85	Boise City-Nampa, ID	468,874	82,853	17.7%	598,719	592	0.10%	606,376
86	Cape Coral-Fort Myers, FL	443,916	124,783	28.1%	588,709	-4,623	-0.79%	586,908
87	Lakeland-Winter Haven, FL	485,378	70,879	14.6%	580,282	-572	-0.10%	583,403
88	Madison, WI	504,044	23,580	4.7%	562,065	2,755	0.49%	570,025
89	Youngstown-Warren-Boardman, OH-PA	602,171	-34,135	-5.7%	566,425	-2,943	-0.52%	562,963
90	Des Moines-West Des Moines, IA	483,210	31,086	6.4%	554,101	3,368	0.61%	562,906
91	Provo-Orem, UT	379,919	28,808	7.6%	539,754	3,534	0.65%	555,551
92	Scranton--Wilkes-Barre, PA	559,537	4,508	0.8%	549,321	997	0.18%	549,454
93	Ogden-Clearfield, UT	444,874	20,978	4.7%	530,998	1,904	0.36%	541,569
94	Jackson, MS	498,252	10,494	2.1%	537,194	-276	-0.05%	540,866
95	Augusta-Richmond County, GA-SC	500,235	12,500	2.5%	534,612	1,337	0.25%	539,154
96	Harrisburg-Carlisle, PA	509,454	10,900	2.1%	533,802	882	0.17%	536,919
97	Palm Bay-Melbourne-Titusville, FL	477,735	60,356	12.6%	536,314	-40	-0.01%	536,357
98	Chattanooga, TN-GA	477,213	17,567	3.7%	520,089	2,165	0.42%	524,303
99	Portland-South Portland-Biddeford, ME	489,359	17,015	3.5%	516,026	-456	-0.09%	516,826
100	Modesto, CA	449,702	8,724	1.9%	507,450	-3,162	-0.62%	510,385
101	Lancaster, PA	471,818	10,970	2.3%	503,807	682	0.14%	507,766
102	Durham-Chapel Hill, NC	426,151	23,826	5.6%	490,907	4,344	0.88%	501,228
103	Deltona-Daytona Beach-Ormond Beach, FL	445,060	57,039	12.8%	497,344	-1,397	-0.28%	495,890
104	Winston-Salem, NC	423,413	21,202	5.0%	480,063	1,578	0.33%	484,921
105	Santa Rosa-Petaluma, CA	460,411	-19,442	-4.2%	466,424	1,855	0.40%	472,102
106	Lexington-Fayette, KY	409,656	17,161	4.2%	464,042	2,579	0.56%	470,849
107	Spokane, WA	418,826	28,543	6.8%	462,408	3,285	0.71%	468,684
108	Fayetteville-Springdale-Rogers, AR-MO	349,562	60,883	17.4%	455,408	3,449	0.76%	464,623
109	Pensacola-Ferry Pass-Brent, FL	413,171	25,778	6.2%	453,132	-324	-0.07%	455,102

110	Lansing-East Lansing, MI	448,543	-25,405	-5.7%	454,605	-4,478	-0.99%	453,603
111	Springfield, MO	369,775	45,592	12.3%	426,125	2,440	0.57%	430,900
112	Visalia-Porterville, CA	368,628	-719	-0.2%	422,343	-57	-0.01%	429,668
113	York-Hanover, PA	382,749	31,538	8.2%	425,766	1,025	0.24%	428,937
114	Flint, MI	436,885	-31,617	-7.2%	428,859	-6,767	-1.58%	424,043
115	Reno-Sparks, NV	344,808	36,732	10.7%	416,657	-1,786	-0.43%	419,261
116	Corpus Christi, TX	403,199	-17,655	-4.4%	413,206	-601	-0.15%	416,095
117	Fort Wayne, IN	391,066	-8,043	-2.1%	411,625	-905	-0.22%	414,315
118	Asheville, NC	370,492	36,367	9.8%	409,001	2,806	0.69%	412,672
119	Mobile, AL	400,061	-9,077	-2.3%	409,132	212	0.05%	411,721
120	Salinas, CA	403,065	-63,204	-15.7%	405,660	-2,931	-0.72%	410,370
121	Canton-Massillon, OH	406,966	-8,479	-2.1%	408,782	-1,501	-0.37%	408,005
122	Vallejo-Fairfield, CA	396,974	-24,210	-6.1%	406,293	-2,836	-0.70%	407,234
123	Reading, PA	374,521	15,846	4.2%	404,771	-86	-0.02%	407,125
124	Santa Barbara-Santa Maria-Goleta, CA	399,784	-37,387	-9.4%	403,655	-1,485	-0.37%	407,057
125	Huntsville, AL	343,798	40,924	11.9%	397,228	6,476	1.63%	406,316
126	Port St. Lucie, FL	320,593	79,168	24.7%	404,726	268	0.07%	406,296
127	Manchester-Nashua, NH	382,409	-4,783	-1.3%	404,074	-1,274	-0.32%	405,906
128	Brownsville-Harlingen, TX	336,443	-11,575	-3.4%	389,164	-732	-0.19%	396,371
129	Salem, OR	348,222	13,451	3.9%	390,561	1,507	0.39%	396,103
130	Shreveport-Bossier City, LA	376,127	-1,908	-0.5%	389,389	-164	-0.04%	391,516
131	Killeen-Temple-Fort Hood, TX	332,022	5,997	1.8%	379,569	-5,180	-1.36%	379,231
132	Davenport-Moline-Rock Island, IA-IL	375,820	-13,487	-3.6%	376,980	172	0.05%	379,066
133	Beaumont-Port Arthur, TX	384,688	-21,003	-5.5%	377,477	-671	-0.18%	378,477
134	Peoria, IL	366,602	-3,817	-1.0%	372,638	1,465	0.39%	375,865
135	Anchorage, AK	320,434	15,850	4.9%	365,790	4,051	1.11%	374,553
136	Montgomery, AL	347,002	2,011	0.6%	365,596	-1,279	-0.35%	366,401
137	Trenton-Ewing, NJ	351,561	-14,840	-4.2%	364,571	-1,562	-0.43%	366,222
138	Hickory-Lenoir-Morganton, NC	343,120	6,605	1.9%	363,237	543	0.15%	365,364
139	Fayetteville, NC	336,893	-9,628	-2.9%	354,334	1,691	0.48%	360,355
140	Tallahassee, FL	321,372	17,496	5.4%	357,171	136	0.04%	360,013
141	Wilmington, NC	275,827	67,905	24.6%	348,054	4,872	1.40%	354,525
142	Rockford, IL	321,042	7,157	2.2%	353,381	-2,355	-0.67%	353,722
143	Evansville, IN-KY	342,992	-657	-0.2%	350,614	1	0.00%	351,911
144	Eugene-Springfield, OR	323,505	17,975	5.6%	348,425	1,313	0.38%	351,109
145	Ann Arbor, MI	324,491	-10,971	-3.4%	344,767	-822	-0.24%	347,563
146	Savannah, GA	293,668	28,853	9.8%	334,562	5,807	1.74%	343,092
147	Ocala, FL	260,285	71,931	27.6%	327,172	1,528	0.47%	328,547
148	Kalamazoo-Portage, MI	315,398	-5,970	-1.9%	324,135	450	0.14%	326,634
149	Naples-Marco Island, FL	254,070	35,305	13.9%	315,533	-158	-0.05%	318,537
150	South Bend-Mishawaka, IN-MI	316,977	-16,890	-5.3%	318,129	-2,736	-0.86%	317,538
151	Kingsport-Bristol-Bristol, TN-VA	298,438	9,998	3.4%	304,679	1,248	0.41%	305,629
152	Green Bay, WI	283,337	2,754	1.0%	302,322	168	0.06%	304,783
153	Charleston, WV	309,387	-5,383	-1.7%	303,331	796	0.26%	304,214
154	Boulder, CO /3	271,669	-1,839	-0.7%	300,452	182	0.06%	303,482
155	Roanoke, VA	288,503	8,254	2.9%	298,920	772	0.26%	300,399
156	Fort Collins-Loveland, CO	253,152	25,624	10.1%	292,889	2,954	1.01%	298,382
157	Lincoln, NE	267,955	4,319	1.6%	294,665	152	0.05%	298,012
158	Utica-Rome, NY	299,428	-10,327	-3.4%	292,833	-282	-0.10%	293,280
159	Fort Smith, AR-OK	273,816	4,450	1.6%	290,977	527	0.18%	293,063
160	Columbus, GA-AL	282,164	-4,995	-1.8%	287,251	3,520	1.23%	292,795
161	Spartanburg, SC	254,418	20,283	8.0%	282,520	2,735	0.97%	286,822
162	Huntington-Ashland, WV-KY-OH	288,355	-2,302	-0.8%	284,903	736	0.26%	285,624
163	Erie, PA	280,734	-12,739	-4.5%	279,647	-303	-0.11%	280,291
164	Lubbock, TX	250,130	5,366	2.1%	271,582	2,679	0.99%	276,659
165	Duluth, MN-WI	275,580	432	0.2%	275,188	663	0.24%	276,368
166	Atlantic City-Hammonton, NJ	253,038	1,342	0.5%	270,609	-841	-0.31%	271,712
167	Clarksville, TN-KY	232,719	6,718	2.9%	261,757	4,127	1.58%	268,546

168	San Luis Obispo-Paso Robles, CA	247,878	11,947	4.8%	265,134	630	0.24%	266,971
169	Norwich-New London, CT	259,575	-2,329	-0.9%	265,830	-292	-0.11%	266,830
170	Hagerstown-Martinsburg, MD-WV	223,526	34,715	15.5%	264,278	743	0.28%	266,149
171	Myrtle Beach-North Myrtle Beach-Conway, SC	198,132	56,087	28.3%	258,790	3,847	1.49%	263,868
172	Lafayette, LA	239,107	6,190	2.6%	259,773	1,294	0.50%	263,171
173	Holland-Grand Haven, MI	239,490	3,053	1.3%	260,891	-1,322	-0.51%	261,957
174	Gainesville, FL	233,142	11,395	4.9%	259,179	-716	-0.28%	260,690
175	Cedar Rapids, IA	237,853	4,273	1.8%	254,911	-322	-0.13%	256,324
176	Santa Cruz-Watsonville, CA	255,834	-25,431	-9.9%	252,929	526	0.21%	256,218
177	Greeley, CO /3	183,045	44,829	24.5%	248,852	2,517	1.01%	254,759
178	Olympia, WA	208,304	32,450	15.6%	245,571	3,826	1.56%	250,979
179	Lynchburg, VA	228,918	14,655	6.4%	245,579	1,126	0.46%	247,447
180	Amarillo, TX	227,117	848	0.4%	243,682	448	0.18%	246,474
181	Kennewick-Pasco-Richland, WA	192,710	23,734	12.3%	237,206	4,764	2.01%	245,649
182	Merced, CA	212,122	-290	-0.1%	244,356	-2,797	-1.14%	245,321
183	Binghamton, NY	252,042	-10,943	-4.3%	244,870	-790	-0.32%	244,694
184	Laredo, TX	194,523	-9,192	-4.7%	235,937	-676	-0.29%	241,438
185	Bremerton-Silverdale, WA	232,355	-1,343	-0.6%	239,865	-256	-0.11%	240,862
186	Yakima, WA	222,696	-14,362	-6.4%	234,881	819	0.35%	239,054
187	Gulfport-Biloxi, MS	246,838	-19,344	-7.8%	236,155	1,236	0.52%	238,772
188	Sioux Falls, SD	188,344	24,014	12.8%	233,503	2,056	0.88%	238,122
189	Waco, TX	214,093	3,871	1.8%	230,849	625	0.27%	233,378
190	Macon, GA	222,387	-1,142	-0.5%	230,735	-295	-0.13%	231,576
191	Topeka, KS	224,800	-3,257	-1.4%	229,774	-218	-0.09%	230,824
192	Champaign-Urbana, IL	210,511	-1,760	-0.8%	223,998	109	0.05%	226,132
193	Appleton, WI	202,508	5,282	2.6%	219,780	317	0.14%	221,894
194	Barnstable Town, MA	223,245	4,342	1.9%	221,521	265	0.12%	221,151
195	Chico, CA	203,926	12,883	6.3%	219,503	215	0.10%	220,577
196	Prescott, AZ	168,886	46,960	27.8%	214,930	602	0.28%	215,686
197	College Station-Bryan, TX	185,469	2,738	1.5%	207,140	2,243	1.08%	212,268
198	Tuscaloosa, AL	193,425	7,225	3.7%	208,902	805	0.39%	210,839
199	Springfield, IL	201,586	-1,714	-0.9%	207,305	61	0.03%	208,182
200	Burlington-South Burlington, VT	199,590	-1,312	-0.7%	207,028	-106	-0.05%	208,055
201	Longview, TX	194,010	2,424	1.2%	204,496	1,097	0.54%	206,874
202	Las Cruces, NM	174,973	7,550	4.3%	201,428	2,194	1.09%	206,419
203	Tyler, TX	175,500	15,320	8.7%	201,160	1,777	0.88%	204,665
204	Houma-Bayou Cane-Thibodaux, LA	194,435	-3,450	-1.8%	202,717	-1,044	-0.52%	202,973
205	Medford, OR	181,798	16,640	9.2%	200,298	405	0.20%	201,286
206	Florence, SC	193,260	904	0.5%	200,231	-284	-0.14%	200,653
207	Racine, WI	188,991	-3,634	-1.9%	200,109	-829	-0.41%	200,601
208	Elkhart-Goshen, IN	183,521	-6,929	-3.8%	200,125	-2,366	-1.18%	200,502
209	Bellingham, WA	167,760	21,598	12.9%	196,960	1,888	0.96%	200,434
210	Fargo, ND-MN	174,791	10,895	6.2%	195,948	2,185	1.12%	200,102
211	Saginaw-Saginaw Township North, MI	209,931	-15,407	-7.3%	200,858	-1,445	-0.72%	200,050
212	Johnson City, TN	181,989	14,870	8.2%	195,783	1,325	0.68%	197,381
213	Yuma, AZ	160,675	10,156	6.3%	193,299	680	0.35%	196,972
214	Charlottesville, VA	174,784	7,530	4.3%	195,012	284	0.15%	196,766
215	Lafayette, IN	178,844	-683	-0.4%	193,753	381	0.20%	196,329
216	Lake Havasu City-Kingman, AZ	156,194	38,464	24.6%	195,601	-761	-0.39%	194,825
217	Lake Charles, LA	193,463	-8,558	-4.4%	192,972	75	0.04%	194,138
218	Athens-Clarke County, GA	166,903	9,842	5.9%	189,926	340	0.18%	192,222
219	St. Cloud, MN	168,045	3,684	2.2%	187,672	-164	-0.09%	189,148
220	Gainesville, GA	140,886	16,418	11.7%	184,731	-431	-0.23%	187,743
221	Rochester, MN	164,427	3,122	1.9%	183,394	79	0.04%	185,618
222	Bloomington, IN	175,831	1,154	0.7%	184,165	349	0.19%	185,598
223	Anderson, SC	166,319	14,521	8.7%	182,937	1,428	0.78%	184,901
224	Kingston, NY	177,831	632	0.4%	181,722	-757	-0.42%	181,440
225	Redding, CA	163,782	15,546	9.5%	180,515	47	0.03%	181,099

226	Greenville, NC	153,156	14,484	9.5%	176,589	1,618	0.92%	179,715
227	Fort Walton Beach-Crestview-Destin, FL	170,966	-2,434	-1.4%	179,529	-2,404	-1.34%	178,473
228	Joplin, MO	157,718	7,958	5.0%	172,615	577	0.33%	174,300
229	Monroe, LA	170,043	-4,777	-2.8%	172,981	79	0.05%	174,086
230	Muskegon-Norton Shores, MI	170,485	-3,353	-2.0%	174,569	-1,574	-0.90%	173,951
231	Jacksonville, NC	149,774	4,040	2.7%	169,233	1,204	0.71%	173,064
232	Terre Haute, IN	170,813	-2,908	-1.7%	169,812	-279	-0.16%	169,825
233	Bloomington-Normal, IL	150,897	5,271	3.5%	165,571	662	0.40%	167,699
234	El Centro, CA	142,396	-1,645	-1.2%	163,093	680	0.42%	166,874
235	Columbia, MO	146,026	7,771	5.3%	164,182	523	0.32%	166,234
236	Yuba City, CA	139,483	8,405	6.0%	164,992	-1,727	-1.05%	165,539
237	Albany, GA	157,757	-4,429	-2.8%	164,488	-135	-0.08%	165,440
238	Waterloo-Cedar Falls, IA	163,668	-5,734	-3.5%	163,659	358	0.22%	164,913
239	Panama City-Lynn Haven-Panama City Beach, FL	148,258	10,025	6.8%	163,802	71	0.04%	164,767
240	Oshkosh-Neenah, WI	157,082	460	0.3%	162,099	503	0.31%	163,370
241	Parkersburg-Marietta-Vienna, WV-OH	164,443	-3,276	-2.0%	160,921	62	0.04%	160,905
242	Niles-Benton Harbor, MI	162,556	-9,035	-5.6%	160,319	-651	-0.41%	160,472
243	Janesville, WI	152,499	-60	0.0%	160,186	-995	-0.62%	160,155
244	Abilene, TX	160,108	-8,030	-5.0%	159,059	-10	-0.01%	160,070
245	Eau Claire, WI	148,689	5,787	3.9%	158,495	668	0.42%	160,018
246	Jackson, MI	158,735	-3,603	-2.3%	160,266	-1,072	-0.67%	159,828
247	Blacksburg-Christiansburg-Radford, VA	151,479	3,147	2.1%	158,521	418	0.26%	159,587
248	Bend, OR	116,618	36,184	31.0%	157,730	-115	-0.07%	158,629
249	Vineland-Millville-Bridgeton, NJ	146,362	507	0.3%	156,784	-491	-0.31%	157,745
250	Dover, DE	127,109	22,094	17.4%	155,492	1,091	0.70%	157,741
251	Pueblo, CO	141,839	10,112	7.1%	156,009	574	0.37%	157,224
252	Punta Gorda, FL	142,246	23,825	16.7%	157,736	86	0.05%	156,952
253	Pascagoula, MS	151,034	-3,186	-2.1%	154,510	116	0.08%	155,603
254	Billings, MT	139,091	9,858	7.1%	152,320	1,434	0.94%	154,553
255	Alexandria, LA	145,079	122	0.1%	153,451	-77	-0.05%	154,101
256	Monroe, MI	146,412	1,898	1.3%	152,870	-794	-0.52%	152,721
257	Iowa City, IA	132,182	6,203	4.7%	149,359	1,367	0.92%	152,263
258	Decatur, AL	146,050	-325	-0.2%	150,344	352	0.23%	151,399
259	Burlington, NC	131,521	10,585	8.0%	147,910	1,448	0.98%	150,358
260	Bangor, ME	144,907	2,295	1.6%	149,268	-151	-0.10%	149,419
261	Hanford-Corcoran, CA	129,774	511	0.4%	148,746	-2,241	-1.51%	148,764
262	Madera-Chowchilla, CA	123,566	6,793	5.5%	147,577	-1,204	-0.82%	148,632
263	Santa Fe, NM	129,840	4,878	3.8%	145,362	735	0.51%	147,532
264	Jefferson City, MO	140,320	844	0.6%	146,465	105	0.07%	147,438
265	Wichita Falls, TX	151,584	-10,039	-6.6%	147,607	-1,033	-0.70%	147,421
266	Rocky Mount, NC	143,045	-1,655	-1.2%	146,524	-584	-0.40%	146,596
267	State College, PA	135,930	1,864	1.4%	145,550	-267	-0.18%	146,212
268	Grand Junction, CO	117,488	23,826	20.3%	141,905	3,367	2.37%	146,093
269	Wheeling, WV-OH	152,850	-4,665	-3.1%	144,986	-45	-0.03%	144,637
270	Sioux City, IA-NE-SD	143,005	-11,974	-8.4%	142,764	141	0.10%	144,360
271	Florence-Muscle Shoals, AL	143,006	1,297	0.9%	143,826	362	0.25%	144,238
272	Johnstown, PA	152,240	-4,430	-2.9%	144,488	-165	-0.11%	143,998
273	Hattiesburg, MS	124,325	10,409	8.4%	141,000	886	0.63%	143,093
274	Dothan, AL	131,053	8,136	6.2%	141,446	741	0.52%	142,693
275	Springfield, OH	144,661	-6,477	-4.5%	139,818	-332	-0.24%	139,671
276	Coeur d'Alene, ID	109,541	24,696	22.5%	136,998	1,576	1.15%	139,390
277	Morristown, TN	123,564	8,324	6.7%	136,579	382	0.28%	137,612
278	Texarkana, TX-Texarkana, AR	129,681	3,610	2.8%	135,981	874	0.64%	137,486
279	St. George, UT	91,256	31,662	34.7%	135,678	-273	-0.20%	137,473
280	Auburn-Opelika, AL	115,511	13,143	11.4%	133,105	1,784	1.34%	135,883
281	Valdosta, GA	119,741	6,923	5.8%	133,675	941	0.70%	135,804
282	Warner Robins, GA	111,248	15,384	13.8%	133,470	1,106	0.83%	135,715
283	Battle Creek, MI	138,021	-7,509	-5.4%	136,404	-1,417	-1.04%	135,616

284	Sebastian-Vero Beach, FL	113,387	23,823	21.0%	134,293	830	0.62%	135,167
285	Napa, CA	124,545	1,376	1.1%	133,591	28	0.02%	134,650
286	Odessa, TX	120,685	839	0.7%	131,180	1,904	1.45%	134,625
287	Dalton, GA	120,838	-6,348	-5.3%	134,288	-2,118	-1.58%	134,319
288	La Crosse, WI-MN	127,020	2,349	1.8%	131,728	653	0.50%	132,923
289	Midland, TX	115,487	5,637	4.9%	129,159	1,754	1.36%	132,316
290	Wausau, WI	125,905	39	0.0%	131,043	-123	-0.09%	131,612
291	Anderson, IN	133,275	-3,711	-2.8%	131,253	-90	-0.07%	131,417
292	Lebanon, PA	120,416	7,671	6.4%	129,302	810	0.63%	130,506
293	Flagstaff, AZ	116,717	-507	-0.4%	128,426	-185	-0.14%	129,849
294	Pittsfield, MA	134,787	-3,470	-2.6%	129,571	-183	-0.14%	129,288
295	Glens Falls, NY	124,348	4,131	3.3%	128,653	-22	-0.02%	128,774
296	Logan, UT-ID	103,220	-2,583	-2.5%	124,362	871	0.70%	127,945
297	St. Joseph, MO-KS	123,967	-1,801	-1.5%	126,051	253	0.20%	126,644
298	Idaho Falls, ID	102,081	10,586	10.4%	123,123	1,098	0.89%	126,131
299	Altoona, PA	129,030	-1,227	-1.0%	125,923	297	0.24%	126,122
300	Rapid City, SD	113,008	3,283	2.9%	122,697	1,019	0.83%	124,766
301	Mansfield, OH	128,797	-7,351	-5.7%	125,081	-900	-0.72%	124,490
302	Farmington, NM	114,035	-1,767	-1.5%	122,407	463	0.38%	124,131
303	Winchester, VA-WV	103,566	14,082	13.6%	122,620	474	0.39%	123,989
304	Manhattan, KS	109,039	-5,449	-5.0%	122,049	-557	-0.46%	123,086
305	Weirton-Steubenville, WV-OH	131,618	-6,393	-4.9%	121,682	-344	-0.28%	120,929
306	Bowling Green, KY	104,476	8,347	8.0%	118,588	1,044	0.88%	120,595
307	Morgantown, WV	111,190	5,143	4.6%	118,931	880	0.74%	120,327
308	Harrisonburg, VA	108,285	2,585	2.4%	118,770	500	0.42%	120,271
309	Salisbury, MD	109,582	5,939	5.4%	119,990	-483	-0.40%	120,181
310	Jonesboro, AR	108,135	6,942	6.4%	118,135	1,212	1.03%	120,139
311	Sherman-Denison, TX	110,993	5,149	4.6%	118,786	631	0.53%	120,030
312	Mount Vernon-Anacortes, WA	103,475	9,379	9.1%	118,373	270	0.23%	119,534
313	Williamsport, PA	119,957	-3,557	-3.0%	116,666	49	0.04%	116,840
314	Lawrence, KS	100,295	2,907	2.9%	114,752	576	0.50%	116,383
315	Victoria, TX	111,650	-4,857	-4.4%	114,256	171	0.15%	115,396
316	Muncie, IN	118,733	-5,684	-4.8%	114,897	24	0.02%	115,192
317	Sheboygan, WI	112,742	-1,679	-1.5%	114,458	-464	-0.41%	114,560
318	Anniston-Oxford, AL	111,342	43	0.0%	113,422	420	0.37%	114,081
319	Goldsboro, NC	113,297	-6,733	-5.9%	113,419	-498	-0.44%	113,811
320	Owensboro, KY	110,006	-667	-0.6%	112,945	197	0.17%	113,636
321	Jackson, TN	107,581	694	0.6%	113,008	1	0.00%	113,629
322	Elizabethtown, KY	107,694	-1,437	-1.3%	112,408	169	0.15%	113,433
323	Cleveland, TN	104,307	5,448	5.2%	112,414	499	0.44%	113,358
324	Lawton, OK	114,675	-9,650	-8.4%	112,249	36	0.03%	113,228
325	Kankakee-Bradley, IL	103,879	2,809	2.7%	112,719	-231	-0.20%	113,215
326	Michigan City-La Porte, IN	110,158	-2,174	-2.0%	110,754	-50	-0.05%	111,063
327	San Angelo, TX	105,812	-1,409	-1.3%	109,152	221	0.20%	110,119
328	Wenatchee-East Wenatchee, WA	99,379	1,560	1.6%	108,301	590	0.54%	109,937
329	Missoula, MT	96,170	8,004	8.3%	107,552	435	0.40%	108,623
330	Decatur, IL	114,476	-8,421	-7.4%	108,326	-340	-0.31%	108,204
331	Bay City, MI	110,091	-3,799	-3.5%	107,597	-381	-0.35%	107,434
332	Lewiston-Auburn, ME	103,845	235	0.2%	107,061	-815	-0.76%	106,539
333	Bismarck, ND	94,840	7,002	7.4%	104,629	1,040	0.99%	106,286
334	Danville, VA	110,000	-3,734	-3.4%	106,250	-434	-0.41%	105,814
335	Sumter, SC	104,655	-6,388	-6.1%	104,313	-484	-0.46%	104,495
336	Lima, OH	108,577	-7,620	-7.0%	104,826	-875	-0.83%	104,357
337	Brunswick, GA	93,226	6,800	7.3%	103,020	308	0.30%	103,841
338	Gadsden, AL	103,313	329	0.3%	103,435	141	0.14%	103,645
339	Longview, WA	93,012	5,379	5.8%	101,537	-83	-0.08%	101,966
340	Ithaca, NY	96,662	-2,211	-2.3%	101,027	-132	-0.13%	101,779
341	Pine Bluff, AR	107,236	-9,785	-9.1%	101,307	-976	-0.96%	100,694

342	Fond du Lac, WI	97,384	7	0.0%	99,864	-194	-0.19%	100,070
343	Cumberland, MD-WV	101,841	154	0.2%	99,772	136	0.14%	99,736
344	Kokomo, IN	101,528	-5,597	-5.5%	99,450	-992	-1.00%	98,787
345	Fairbanks, AK	82,769	-2,676	-3.2%	98,351	-1,329	-1.35%	98,660
346	Hot Springs, AR	88,350	11,637	13.2%	97,700	869	0.89%	98,479
347	Grand Forks, ND-MN	97,331	-5,150	-5.3%	97,261	-819	-0.84%	97,190
348	Rome, GA	90,811	482	0.5%	95,696	-11	-0.01%	96,250
349	Ocean City, NJ	102,307	-3,148	-3.1%	96,470	-67	-0.07%	96,091
350	Cape Girardeau-Jackson, MO-IL	90,429	1,208	1.3%	93,287	43	0.05%	93,712
351	Mankato-North Mankato, MN	85,850	2,294	2.7%	92,576	-25	-0.03%	93,234
352	Dubuque, IA	89,232	-68	-0.1%	92,589	56	0.06%	93,072
353	Palm Coast, FL	50,560	41,931	82.9%	90,700	885	0.98%	91,622
354	Pocatello, ID	83,171	-4,751	-5.7%	88,984	162	0.18%	90,273
355	Cheyenne, WY	81,745	2,480	3.0%	87,759	468	0.53%	88,854
356	Elmira, NY	91,079	-3,761	-4.1%	87,902	270	0.31%	88,331
357	Ames, IA	80,127	-728	-0.9%	86,219	108	0.13%	87,214
358	Corvallis, OR	78,197	-490	-0.6%	81,775	303	0.37%	82,605
359	Great Falls, MT	80,201	-3,474	-4.3%	82,022	-201	-0.25%	82,178
360	Danville, IL	83,796	-5,264	-6.3%	80,453	-514	-0.64%	80,067
361	Sandusky, OH	79,603	-3,065	-3.9%	77,339	-469	-0.61%	76,963
362	Columbus, IN	71,737	-670	-0.9%	75,494	-42	-0.06%	76,063
363	Casper, WY	66,554	4,309	6.5%	73,057	952	1.30%	74,508
364	Hinesville-Fort Stewart, GA	71,802	-7,747	-10.8%	70,284	3,074	4.37%	74,420
365	Lewiston, ID-WA	57,952	1,921	3.3%	60,260	230	0.38%	60,643
366	Carson City, NV	52,551	57	0.1%	55,274	-398	-0.72%	55,176

Table 5
 US Metropolitan Areas Over 1,000,000
 Ranked by Domestic Migration: 2000-2009

Rank	Metropolitan Area	2000	Domestic Migration:		2008	Domestic Migration:		2009
		Population	2000-2009	% Change	Population	2009	% Change	Population
1	Phoenix-Mesa-Scottsdale, AZ	3,278,661	543,409	16.6%	4,287,323	12,441	0.29%	4,364,094
2	Riverside-San Bernardino-Ontario, CA	3,277,578	469,093	14.3%	4,092,831	-616	-0.02%	4,143,113
3	Atlanta-Sandy Springs-Marietta, GA	4,281,905	428,620	10.0%	5,385,586	17,479	0.32%	5,475,213
4	Dallas-Fort Worth-Arlington, TX	5,196,188	317,062	6.1%	6,301,085	45,241	0.72%	6,447,615
5	Las Vegas-Paradise, NV	1,393,370	311,463	22.4%	1,879,093	-1,256	-0.07%	1,902,834
6	Tampa-St. Petersburg-Clearwater, FL	2,404,273	260,333	10.8%	2,730,007	4,663	0.17%	2,747,272
7	Charlotte-Gastonia-Concord, NC-SC	1,340,417	248,379	18.5%	1,706,469	19,211	1.13%	1,745,524
8	Houston-Sugar Land-Baytown, TX	4,739,414	243,567	5.1%	5,726,705	49,662	0.87%	5,867,489
9	Austin-Round Rock, TX	1,265,715	234,239	18.5%	1,654,100	25,654	1.55%	1,705,075
10	Orlando-Kissimmee, FL	1,656,835	225,259	13.6%	2,060,968	-4,279	-0.21%	2,082,421
11	Raleigh-Cary, NC	804,436	194,361	24.2%	1,090,408	20,095	1.84%	1,125,827
12	San Antonio, TX	1,719,262	177,447	10.3%	2,030,691	18,984	0.93%	2,072,128
13	Sacramento--Arden-Arcade--Roseville, CA	1,808,442	141,117	7.8%	2,101,138	4,733	0.23%	2,127,355
14	Jacksonville, FL	1,126,224	126,766	11.3%	1,316,528	1,758	0.13%	1,328,144
15	Nashville-Davidson--Murfreesboro--Franklin, TN	1,317,580	123,199	9.4%	1,556,368	10,826	0.70%	1,582,264
16	Portland-Vancouver-Beaverton, OR-WA	1,936,108	121,957	6.3%	2,203,745	16,320	0.74%	2,241,841
17	Richmond, VA	1,100,196	75,886	6.9%	1,227,115	2,751	0.22%	1,238,187
18	Indianapolis-Carmel, IN	1,531,156	72,517	4.7%	1,720,796	7,034	0.41%	1,743,658
19	Tucson, AZ	848,521	72,325	8.5%	1,009,832	2,311	0.23%	1,020,200
20	Denver-Aurora-Broomfield, CO	2,194,022	66,269	3.0%	2,500,384	19,831	0.79%	2,552,195
21	Oklahoma City, OK	1,097,874	41,082	3.7%	1,207,519	8,798	0.73%	1,227,278
22	Seattle-Tacoma-Bellevue, WA	3,052,379	40,741	1.3%	3,356,637	17,035	0.51%	3,407,848
23	Louisville/Jefferson County, KY-IN	1,165,132	34,381	3.0%	1,249,739	2,122	0.17%	1,258,577
24	Columbus, OH	1,619,514	34,204	2.1%	1,779,822	5,018	0.28%	1,801,848
25	Kansas City, MO-KS	1,842,924	31,747	1.7%	2,046,083	3,929	0.19%	2,067,585
26	Birmingham-Hoover, AL	1,053,394	26,934	2.6%	1,123,146	2,418	0.22%	1,131,070
27	Memphis, TN-MS-AR	1,208,269	-8,583	-0.7%	1,298,529	-5,276	-0.41%	1,304,926
28	Hartford-West Hartford-East Hartford, CT	1,150,915	-9,349	-0.8%	1,191,170	-1,847	-0.16%	1,195,998
29	Cincinnati-Middletown, OH-KY-IN	2,014,665	-17,648	-0.9%	2,158,643	-384	-0.02%	2,171,896
30	Minneapolis-St. Paul-Bloomington, MN-WI	2,981,616	-19,731	-0.7%	3,237,612	-2,503	-0.08%	3,269,814
31	Virginia Beach-Norfolk-Newport News, VA-NC	1,580,387	-20,005	-1.3%	1,670,225	-8,052	-0.48%	1,674,498
32	Salt Lake City, UT	972,653	-34,428	-3.5%	1,111,600	-164	-0.01%	1,130,293
33	Baltimore-Towson, MD	2,557,501	-36,407	-1.4%	2,677,712	-3,687	-0.14%	2,690,886
34	Rochester, NY	1,041,595	-40,219	-3.9%	1,033,155	-1,937	-0.19%	1,035,566
35	St. Louis, MO-IL	2,701,634	-43,750	-1.6%	2,818,688	-4,532	-0.16%	2,828,990
36	Providence-New Bedford-Fall River, RI-MA	1,586,744	-49,168	-3.1%	1,599,312	-6,736	-0.42%	1,600,642
37	Pittsburgh, PA	2,429,023	-52,028	-2.1%	2,355,391	1,144	0.05%	2,354,957
38	Buffalo-Niagara Falls, NY	1,169,159	-55,162	-4.7%	1,124,055	-1,711	-0.15%	1,123,804
39	Milwaukee-Waukesha-West Allis, WI	1,502,305	-74,453	-5.0%	1,550,451	-2,336	-0.15%	1,559,667
40	Washington-Arlington-Alexandria, DC-VA-MD-WV	4,821,031	-107,305	-2.2%	5,377,936	18,189	0.34%	5,476,241
41	Philadelphia-Camden-Wilmington, PA-NJ-DE-MD	5,693,275	-115,890	-2.0%	5,940,496	-7,577	-0.13%	5,968,252
42	San Diego-Carlsbad-San Marcos, CA	2,824,987	-126,860	-4.5%	3,019,274	-2,588	-0.09%	3,053,793
43	Cleveland-Elyria-Mentor, OH	2,147,948	-136,943	-6.4%	2,094,051	-10,191	-0.49%	2,091,286
44	Boston-Cambridge-Quincy, MA-NH	4,402,611	-235,915	-5.4%	4,544,705	6,813	0.15%	4,588,680
45	San Jose-Sunnyvale-Santa Clara, CA	1,739,669	-240,012	-13.8%	1,810,646	-5,361	-0.30%	1,839,700
46	Miami-Fort Lauderdale-Pompano Beach, FL	5,025,806	-287,135	-5.7%	5,501,752	-29,321	-0.53%	5,547,051
47	New Orleans-Metairie-Kenner, LA	1,315,616	-301,731	-22.9%	1,168,547	14,906	1.28%	1,189,981

48	San Francisco-Oakland-Fremont, CA	4,136,658	-347,375	-8.4%	4,260,236	7,977	0.19%	4,317,853
49	Detroit-Warren-Livonia, MI	4,457,471	-366,790	-8.2%	4,423,781	-45,488	-1.03%	4,403,437
50	Chicago-Naperville-Joliet, IL-IN-WI	9,117,732	-561,670	-6.2%	9,515,636	-40,389	-0.42%	9,580,567
51	Los Angeles-Long Beach-Santa Ana, CA	12,398,950	-1,365,120	-11.0%	12,768,395	-79,900	-0.63%	12,874,797
52	New York-Northern New Jersey-Long Island, NY-NJ-P	18,352,743	-1,962,055	-10.7%	18,968,501	-110,278	-0.58%	19,069,796

Table 6
 US Metropolitan Areas Over 1,000,000
 Annual Domestic Migration: 2000-2009

Metropolitan Area	2001	2002	2003	2004	2005	2006	2007	2008	2009	Total
Atlanta-Sandy Springs-Marietta, GA	47,862	26,125	22,224	32,085	51,305	99,262	72,071	44,419	17,479	412,832
Austin-Round Rock, TX	34,700	4,788	6,899	14,533	22,535	41,069	40,211	33,838	25,654	224,227
Baltimore-Towson, MD	(233)	4,127	3,480	(6,505)	(5,919)	(6,889)	(10,511)	(9,801)	(3,687)	(35,938)
Birmingham-Hoover, AL	705	(754)	3,659	3,311	3,370	7,397	2,577	3,737	2,418	26,420
Boston-Cambridge-Quincy, MA-NH	(12,674)	(34,753)	(48,264)	(46,803)	(46,025)	(31,174)	(17,931)	(2,173)	6,813	(232,984)
Buffalo-Niagara Falls, NY	(7,058)	(6,107)	(4,262)	(6,088)	(9,179)	(9,172)	(6,158)	(3,456)	(1,711)	(53,191)
Charlotte-Gastonia-Concord, NC-SC	17,588	14,301	13,878	19,412	31,031	46,129	46,725	35,124	19,211	243,399
Chicago-Naperville-Joliet, IL-IN-WI	(55,024)	(68,594)	(72,392)	(65,648)	(77,413)	(73,066)	(52,317)	(42,587)	(40,389)	(547,430)
Cincinnati-Middletown, OH-KY-IN	(1,482)	(4,976)	(3,547)	(1,964)	(1,864)	500	(833)	(3,763)	(384)	(18,313)
Cleveland-Elyria-Mentor, OH	(14,922)	(13,552)	(13,703)	(14,629)	(17,708)	(20,235)	(15,237)	(13,502)	(10,191)	(133,679)
Columbus, OH	5,687	450	3,237	2,193	2,653	5,390	4,121	3,338	5,018	32,087
Dallas-Fort Worth-Arlington, TX	48,668	13,847	(1,389)	8,203	23,471	76,443	50,566	42,857	45,241	307,907
Denver-Aurora-Broomfield, CO /1	16,920	(5,151)	(12,546)	(7,168)	(422)	12,958	17,438	19,248	19,831	61,108
Detroit-Warren-Livonia, MI	(23,604)	(33,902)	(30,566)	(31,098)	(38,736)	(44,886)	(54,744)	(58,608)	(45,488)	(361,632)
Hartford-West Hartford-East Hartford, CT	(120)	2,217	3,041	(3,980)	(2,007)	(1,982)	(2,974)	(1,733)	(1,847)	(9,385)
Houston-Sugar Land-Baytown, TX	4,532	24,472	2,824	6,370	6,104	91,985	19,466	37,158	49,662	242,573
Indianapolis-Carmel, IN	9,211	6,474	5,996	7,037	7,692	11,361	9,001	6,465	7,034	70,271
Jacksonville, FL	14,103	18,023	17,526	19,680	17,757	20,387	11,498	5,149	1,758	125,881
Kansas City, MO-KS	4,306	5,877	176	991	1,392	5,500	5,699	2,311	3,929	30,181
Las Vegas-Paradise, NV	41,367	37,578	35,754	53,888	39,331	44,578	33,465	14,322	(1,256)	299,027
Los Angeles-Long Beach-Santa Ana, CA	(103,877)	(109,081)	(119,572)	(140,643)	(199,800)	(243,722)	(222,018)	(118,909)	(79,900)	(1,337,522)
Louisville/Jefferson County, KY-IN	823	1,340	4,365	3,444	2,874	6,409	6,701	5,622	2,122	33,700
Memphis, TN-MS-AR	(3,052)	(920)	1,043	(245)	1,104	6,948	(3,218)	(5,218)	(5,276)	(8,834)
Miami-Fort Lauderdale-Pompano Beach, FL	(3,576)	(1,499)	(20,179)	(3,295)	(10,086)	(70,414)	(93,453)	(53,037)	(29,321)	(284,860)
Milwaukee-Waukesha-West Allis, WI	(8,224)	(5,863)	(7,666)	(9,883)	(12,916)	(12,111)	(7,318)	(6,351)	(2,336)	(72,668)
Minneapolis-St. Paul-Bloomington, MN-WI	7,604	(4,542)	(9,203)	(4,308)	(7,278)	(544)	(414)	(1,677)	(2,503)	(22,865)
Nashville-Davidson--Murfreesboro--Franklin, TN	8,184	4,183	7,300	13,419	16,618	24,021	20,217	15,916	10,826	120,684
New Orleans-Metairie-Kenner, LA	(12,671)	(7,611)	(6,272)	(5,271)	(8,623)	(332,206)	38,280	20,747	14,906	(298,721)
New York-Northern New Jersey-Long Island, NY-NJ-PA	(177,171)	(207,348)	(236,039)	(247,541)	(283,328)	(288,260)	(220,521)	(150,259)	(110,278)	(1,920,745)
Oklahoma City, OK	1,221	3,673	3,458	(53)	4,947	9,433	5,037	5,009	8,798	41,523
Orlando-Kissimmee, FL	30,785	26,985	27,089	44,223	51,826	33,767	7,996	(284)	(4,279)	218,108
Philadelphia-Camden-Wilmington, PA-NJ-DE-MD	(14,744)	(7,777)	(7,158)	(8,250)	(14,046)	(16,385)	(16,737)	(19,397)	(7,577)	(112,071)
Phoenix-Mesa-Scottsdale, AZ	49,881	49,945	44,667	66,155	98,789	99,706	61,707	47,288	12,441	530,579
Pittsburgh, PA	(8,084)	(5,391)	(4,689)	(8,742)	(11,152)	(8,783)	(3,157)	(584)	1,144	(49,438)
Portland-Vancouver-Beaverton, OR-WA	17,149	14,505	4,010	435	12,311	19,617	17,635	18,455	16,320	120,437
Providence-New Bedford-Fall River, RI-MA	2,864	5,773	3,299	(7,559)	(13,469)	(13,604)	(12,411)	(8,308)	(6,736)	(50,151)
Raleigh-Cary, NC	16,256	13,076	11,578	14,572	22,683	31,120	31,748	29,310	20,095	190,438
Richmond, VA	4,802	7,844	8,618	9,652	12,176	13,925	8,731	6,151	2,751	74,650
Riverside-San Bernardino-Ontario, CA	57,257	66,537	85,759	94,897	72,341	60,029	28,468	(7,242)	(616)	457,430

Rochester, NY	(5,147)	(4,156)	(5,079)	(5,122)	(7,455)	(6,160)	(4,389)	(2,718)	(1,937)	(42,163)
Sacramento--Arden-Arcade--Roseville, CA	37,311	35,888	25,835	18,255	4,751	1,206	2,638	4,421	4,733	135,038
Salt Lake City, UT	(7,333)	(9,328)	(10,153)	(6,342)	(2,160)	2,283	612	(175)	(164)	(32,760)
San Antonio, TX	5,650	16,282	16,568	14,995	15,593	33,586	30,557	23,337	18,984	175,552
San Diego-Carlsbad-San Marcos, CA	(811)	(2,226)	759	(36,661)	(35,698)	(38,455)	(11,929)	1,244	(2,588)	(126,365)
San Francisco-Oakland-Fremont, CA	(24,885)	(78,931)	(74,108)	(64,631)	(51,031)	(44,753)	(19,866)	6,394	7,977	(343,834)
San Jose-Sunnyvale-Santa Clara, CA	(36,835)	(58,348)	(44,143)	(33,455)	(22,051)	(18,371)	(11,905)	(2,664)	(5,361)	(233,133)
Seattle-Tacoma-Bellevue, WA	5,006	(7,091)	(13,002)	(10,286)	5,258	20,888	11,106	13,510	17,035	42,424
St. Louis, MO-IL	(4,404)	(4,473)	(2,174)	(4,805)	(7,898)	(2,860)	(5,731)	(5,274)	(4,532)	(42,151)
Tampa-St. Petersburg-Clearwater, FL	30,489	34,342	32,223	49,309	51,985	34,561	12,136	4,942	4,663	254,650
Tucson, AZ	4,571	9,143	6,598	8,492	12,152	13,523	7,850	5,142	2,311	69,782
Virginia Beach-Norfolk-Newport News, VA-NC	(4,713)	12,483	21,988	302	(4,754)	(4,550)	(15,127)	(16,749)	(8,052)	(19,172)
Washington-Arlington-Alexandria, DC-VA-MD-WV	15,978	1,377	(8,734)	(14,785)	(17,011)	(51,414)	(36,945)	(17,430)	18,189	(110,775)

Table 7
 Domestic Migration by Severity of the Housing Bubble
 Metropolitan Areas over 1,000,000 Population
 Summary 2000-2009

Metropolitan Areas	2000-2009	2009	2000-2008 Average
Without Severe Housing Bubbles	1,509,870	160,514	168,670
With Severe Housing Bubbles	(3,161,514)	(184,486)	(372,129)
Not "Safety Valve" Markets	(5,347,211)	(235,838)	(638,922)
"Safety Valve" Markets	2,185,697	51,352	266,793
Outside Largest Metropolitan Areas	1,651,644	23,972	203,459

Severe housing bubbles: Housing costs rose to a Median Multiple of 4.5 or more (50% above the historic norm of 3.0).

Median Multiple: Median House Price/Median Household Income

"Safety Valve" refers to markets with severe housing bubbles that received substantial migration from more expensive markets (coastal California, Miami and the Northeast). These markets include Las Vegas, Phoenix, Riverside-San Bernardino, Sacramento, Portland, Seattle, Orlando and Tampa-St. Petersburg.

Table 8
 US Metropolitan Areas Over 1,000,000
 Domestic Migration by Severity of Housing Bubble: 2000-2009

Rank	Metropolitan Area	2000-2009			2009	
		Markets without Severe Housing Bubble	Markets with Severe Housing Bubble: Not "Safety Valve"	Markets with Severe Housing Bubble: "Safety Valve"	Markets without Severe Housing Bubble	Severe Housing Bubble: Not "Safety Valve"
3	Atlanta-Sandy Springs-Marietta, GA	428,620			17,479	
9	Austin-Round Rock, TX	234,239			25,654	
33	Baltimore-Towson, MD		(36,407)			(3,687)
26	Birmingham-Hoover, AL	26,934			2,418	
44	Boston-Cambridge-Quincy, MA-NH		(235,915)			6,813
38	Buffalo-Niagara Falls, NY	(55,162)			(1,711)	
7	Charlotte-Gastonia-Concord, NC-SC	248,379			19,211	
50	Chicago-Naperville-Joliet, IL-IN-WI		(561,670)			(40,389)
29	Cincinnati-Middletown, OH-KY-IN	(17,648)			(384)	
43	Cleveland-Elyria-Mentor, OH	(136,943)			(10,191)	
24	Columbus, OH	34,204			5,018	
4	Dallas-Fort Worth-Arlington, TX	317,062			45,241	
20	Denver-Aurora-Broomfield, CO		66,269			19,831
49	Detroit-Warren-Livonia, MI	(366,790)			(45,488)	
28	Hartford-West Hartford-East Hartford, CT	(9,349)			(1,847)	
8	Houston-Sugar Land-Baytown, TX	243,567			49,662	
18	Indianapolis-Carmel, IN	72,517			7,034	
14	Jacksonville, FL	126,766			1,758	
25	Kansas City, MO-KS	31,747			3,929	
5	Las Vegas-Paradise, NV			311,463		(1,256)
51	Los Angeles-Long Beach-Santa Ana, CA		(1,365,120)			(79,900)
23	Louisville/Jefferson County, KY-IN	34,381			2,122	
27	Memphis, TN-MS-AR	(8,583)			(5,276)	
46	Miami-Fort Lauderdale-Pompano Beach, FL		(287,135)			(29,321)
39	Milwaukee-Waukesha-West Allis, WI		(74,453)			(2,336)
30	Minneapolis-St. Paul-Bloomington, MN-WI	(19,731)			(2,503)	
15	Nashville-Davidson--Murfreesboro--Franklin, TN	123,199			10,826	
47	New Orleans-Metairie-Kenner, LA		<i>Excluded due to substantial Hurricane Katrina out-migration</i>			
52	New York-Northern New Jersey-Long Island, NY-NJ-PA		(1,962,055)			(110,278)
21	Oklahoma City, OK	41,082			8,798	
10	Orlando-Kissimmee, FL			225,259		(4,279)
41	Philadelphia-Camden-Wilmington, PA-NJ-DE-MD	(115,890)			(7,577)	
1	Phoenix-Mesa-Scottsdale, AZ			543,409		12,441
37	Pittsburgh, PA	(52,028)			1,144	
16	Portland-Vancouver-Beaverton, OR-WA			121,957		16,320
36	Providence-New Bedford-Fall River, RI-MA		(49,168)			(6,736)
11	Raleigh-Cary, NC	194,361			20,095	
17	Richmond, VA	75,886			2,751	
2	Riverside-San Bernardino-Ontario, CA			469,093		(616)
34	Rochester, NY	(40,219)			(1,937)	
13	Sacramento--Arden-Arcade--Roseville, CA			141,117		4,733
32	Salt Lake City, UT	(34,428)			(164)	
12	San Antonio, TX	177,447			18,984	
42	San Diego-Carlsbad-San Marcos, CA		(126,860)			(2,588)
48	San Francisco-Oakland-Fremont, CA		(347,375)			7,977
45	San Jose-Sunnyvale-Santa Clara, CA		(240,012)			(5,361)
22	Seattle-Tacoma-Bellevue, WA			40,741		17,035
35	St. Louis, MO-IL	(43,750)			(4,532)	

6	Tampa-St. Petersburg-Clearwater, FL			260,333			4,663
19	Tucson, AZ			72,325			2,311
31	Virginia Beach-Norfolk-Newport News, VA-NC		(20,005)			(8,052)	
40	Washington-Arlington-Alexandria, DC-VA-MD-WV		(107,305)			18,189	
Total		1,509,870	(5,347,211)	2,185,697	160,514	(235,838)	51,352

NOTES

Data from US Bureau of the Census

Domestic migration: Moving within the United States

Median Multiple: Median House Price Divided by Median Household Income (Historic Maximum Standard is 3.0)

Severe Housing Bubble Markets: Median Multiple reached 4.5 or above. Median Multiple: Median House Price Divided by Median Household Income (Historic